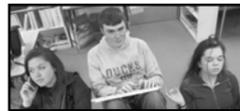




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# THE SPARTAN SPEAR

VOLUME 23, ISSUE 3

MARIST CATHOLIC HIGH SCHOOL

APRIL 17, 2015

## 53,103 Ways To Save A Baby

*Mr. Spartan pageant breaks records and saves babies*

By Madisyn Bryant  
STAFF WRITER

Raising a record-breaking \$53,103 over a 15-week period for The Children's Miracle Network, the Mr. Spartan team concluded its baby-saving efforts last Saturday night at the 21st annual Mr. Spartan Pageant.

Starting the show off with a bang and keeping in line with the sports theme, each Mr. Spartan's



Retiring Marist art teacher and Mr. Spartan moderator Lex Schmidt. Photo by Toni Cooper



The 2015 Mr. Spartan boys during the opening dance. Photo by Toni Cooper

special athletic talent was showcased in a video clip created by seniors Will Barker and Jordan Gorman. While each contestant demonstrated his "unique ability," Marist Dean of Students and "Hall of Fame Baby-Saver" Andy Oldham and Mr. Spartan moderator Bill Ferrari critiqued the contestants in good humor.

The 10 male contestants were evaluated by judges on a variety of factors including his performance in the opening dance, child escort skit, talent segment, tribute to their moms, and a question and answer segment.

The panel of judges included NICU charge nurse, Kristi Peter-

son, Sacred Heart Chief Development Officer, Sharon Thornton, and the 2013 Mr. Spartan, Zach Silva.

A highlight of the evening was the reading of a dedication letter to retiring art teacher and long-time Mr. Spartan moderator, Lex Schmidt who will now move to "emeritus status" said current moderator Bill Ferrari.

The night drew to a close with each Mr. Spartan thanking his female partner as well as the junior coordinators before Schmidt wrapped up the evening by crowning Jack Kieseewetter the 2015 Mr. Spartan.

"The biggest thing I'll take

away from this experience will be a sense of accomplishment for all of the hard work we have done as a team for such a noble cause. And despite how good it feels to be Mr. Spartan, I am more proud of the title because of the substantial amount of money we raised. The pageant was nothing less than a group effort and I am more pleased with our group achievement than any title," Kieseewetter said.

The show was hosted by Ashley Laing, a 2010 Marist grad and a former Ms. Spartan herself, and University of Oregon football player Tyler Johnstone.

## On To State!

*Marist qualifies seven at Speech & Debate Districts*



Sophomores Maya Dotson and Angela Agnew debate about the value of traditional families. Photo by Sam Inouye

By Clara Lee  
ASSISTANT EDITOR

It's not every year Marist gets to host the Speech and Debate District Tournament AND send seven students to the OSAA State Tournament taking place next week in Monmouth.

The team, led by coach Steve Barth, has been working on their speeches and perfecting their debate skills since last October.

The seven students will be competing in eight events: sophomore Madeleine Shojai in After Dinner Speaking, senior Heather Clarke in Expository Speaking, junior Jane Park in Liebell, junior Jessica Lynch in Original Oratory, sophomore Emily Jewett in Poetry, the debate team of Shojai and Jewett in Public Forum Debate, and the debate team of senior William Stearns and sophomore Sunny Childers in Parliamentary Debate.

Senior Heather Clarke will be receiving the Four Year Award at State for qualifying for the state tournament all four years of high school.

## OUR FUTURE LOOKS BRIGHT

*Marist elects its new 2015-2016 ASB officers*

By Gabby Mujica  
STAFF WRITER

Last week this year's ASB Public Relations Officer, Karson Silver, helped moderate the annual ASB elections to determine next school year's officers who will offer a fresh set of voices to represent their peers in the Marist community.

Each candidate was given the opportunity to present a speech in front of the freshmen, sophomore, and junior classes. The new 2015-16 ASB Executive Council is President Ryan Helbling, Vice President Kim Knudtson, Secretary Madisyn Bryant and Treasurer Bryn

Garland.

In her custom white-T, Knudtson grabbed the attention of the gym filled with students and staff while they helped her "throw down a sick beat" to her speech.

"Being elected meant so much to me knowing that I went out of my comfort zone rapping my speech in front of the school and having it pay off in the long run," Knudtson said.

"I'm looking forward to truly getting to know my other students better from a new perspective," Helbling said. "I really want to encourage student participation in school events, especially at games and pro-

ductions, and maybe put some reward system into effect for students."

Helbling delivered his speech confidently and even tugged the hearts of the crowd with the help of his youngest sister, Juliette. He explained the need to better Marist for every new incoming class even to the year 2030 when the youngest Helbling will graduate.

While the elections were happening, the senior class of 2015, met in the ARC to discuss graduation timelines, the importance of updating Naviance, and plans for the production of a senior class video led by Jordan Gorman and Kayla Backer.



Bryn Garland, Madisyn Bryant, Ryan Helbling, and Kim Knudtson. Photos by Toni Cooper

# NEWS

## briefs

### BAND ON THE RUN

Marist Music took to the road Wednesday to perform at local schools on its annual Band on the Road field trip. The school's strings orchestra, choir, pep band and rock band traveled to O'Hara Catholic School and St. Paul Parish School led by music teacher Jim Reinking.

### GUEST SPEAKER IN GOVERNMENT

Chris Cardani, father of Marist senior Michael Cardani, was invited as a guest speaker in Mr. Fox's government class Wednesday afternoon. As Assistant US Attorney and a federal prosecutor for environmental and white collar crimes, Cardani teaches law at the University of Oregon and spoke to Fox's class about the constitutional rights of every United States citizen as defended in the First, Fourth, and Fifth Amendments. Students were able to ask questions and simulate hypothetical legal situations.

### 1-1 PARENT NIGHT

Marist parents gathered in the Academic Resource Center Thursday night to learn about the school's transition to 1:1 technology at a 1:1 Technology Integration Parent Night. Dean of Students and Instruction Andy Oldham and Vice Principal Stacey Baker spoke to parents about why the school has chosen to make the transition, details of the program and offered advice about parenting in a digital world.

### BAKE SALE

The Marist Environment Club held a bake sale at lunch on Thursday to raise funds for the planting of its new garden near the 300 wing. The new garden replaces the club's previous garden by the track and club members hope to either donate its produce to Food for Lane County or sell it and donate profits to the organization.

### SUPREME COURT VISIT

The Oregon Supreme Court will visit Marist next Wednesday to try two real cases in front of an audience of Marist students. Supreme Court judges will also eat lunch with a group of seniors in the ARC following the trials.

### CHOICES DAY AWAY

Marist sophomores will spend one day, either Monday or Tuesday next week, at St. Mary's Catholic Church with senior peer leaders discussing healthy relationships and sexual decision making at Sophomore Choices Day Away.



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# Stepping Up To Serve the Community

Marist hires current assistant principal Stacey Baker as new principal

By Brandon David  
 STAFF WRITER

Stacey Baker has been selected to be Marist's new Principal, under the President/Principal governance model. This announcement was made on Mar. 11, after a nationwide search. This was one of the first major decisions that Suzanne Graf was involved in, as Marist's new President.

Baker is currently the Assistant Principal for Admissions and Behavior; she has held this position for the past seven years. Baker has held many positions at Marist during the 16 years that she has been part of the community; including teaching Latin, coaching cheer, and being Dean of Students.

As soon to be Principal, Baker has already completed some of her first tasks. She was involved in the selection of Marist's new Athletic Director, Rick Gardner, and the new Assistant Principal of Academics Affairs, Andy Oldham. Baker is already thinking about the other needs of the school for next year; such as a new art teacher, who will be announced in the coming weeks, and an admissions officer.

Baker plans to make these decisions and all others as part of her new position by following what she calls a "collaborative leadership style." She strives to get information from multiple points of view,

because she understands that there is always more than her own; doing this by consulting others to see and consider all sides of a situation as fully as possible to understand the impacts which a decision will have on a particular group.

Baker plans to keep "Marist on the strong path we are currently on. I want Marist to strive for excellence in all areas" said Baker. Although with any change of office, there will be adjustments made.

One area that Baker is currently planning to review is how Marist helps and supports students who struggle academically and/or who have diverse learning needs. This is one of the initiatives that Baker will be overseeing and looking into how Marist can improve. Although on a more immediate note she wants to assure a successful start to the one-to-one program in the fall.

Baker understands how her new obligations will require her to spend additional hours on campus, but she hopes to not allow this to greatly affect her personal life. Her family, including her husband Marist French teacher Ryan Baker and their daughter Madelyn, a fourth grader at St. Paul Parish School, often spend their free time on the Marist Campus and at school sponsored events like watching sports and the Marist performing arts shows.



Marist's new principal, and current assistant principal Stacey Baker. Photo by Kayla Backer

## Reaching \$10,500, \$1 At A Time

Marist raises over \$8000 to put families into homes



Teachers June Miller and Sarah Reed sample some of the snacks from Wednesday's staff bake sale to benefit Project Starfish. Photo by Sam Inouye

By Madisyn Bryant  
 STAFF WRITER

With three fundraisers remaining, Project Starfish just might surpass its goal to raise \$10,500 by the end of May.

National Honor Society moderator and Project Starfish coordinator Jerry Ragan has worked with various parts of the Marist community to maximize opportunities for donations

to the cause that puts families in homes, one family at a time.

Currently the funds raised total about \$8,290, with the Irish Echo responsible for about 81% of that.

Other events that have contributed to the amount are Marist theatre's production of "Alice in Wonderland," multiple bake sales sponsored by NHS and the Marist staff, and the encouragement of sacrificial giving during Holy Week. The latest

event was the annual Staff Bake Sale on Wednesday that featured many delicious treats, including history teacher Jon Nuxoll's famous Belgian waffles.

The remaining events that will take place to benefit Project Starfish are the Carl's Junior Fundraiser, Papa's Pizza Fundraiser, Hablarama, and the Home-going Dance, all taking place throughout the rest of April and May.

## Oregon's Next President

Sophomore literature students hold mock elections

By Emily Jewett  
 STAFF WRITER

Sophomore students in all three of Sarah Reed's Honors Literature classes are running in a mock election, to study of the American two-party political system and its use of language to persuade voters, in this case, the voters are the Marist staff.

Students are running for president of the new hypothetical nation Oregon, which has seceded from the Union.

To pay for any campaign propaganda, they must gain funding. Funding comes in the

form of "Reed Bucks", which can be given by Reed or the Marist staff, if they choose to support the student.

The students are working in pairs, one as the presidential candidate, and the other as their campaign manager.

In addition to campaigning, students also will give speeches next week. Debates between candidates are also scheduled.

The primary elections were last Monday and Tuesday, and the final presidential election is scheduled for Apr. 30 and May 1.

## AP Science Students Travel To Reed College



AP science students return from their field trip on Tuesday. Photo by Rick Gardner

By Clara Lee  
 STAFF WRITER

Even a.m., on a chilly Tuesday morning, a charter bus parked in front of Marist was filled with excitement of AP science students looking forward to their annual field trip to see science in action.

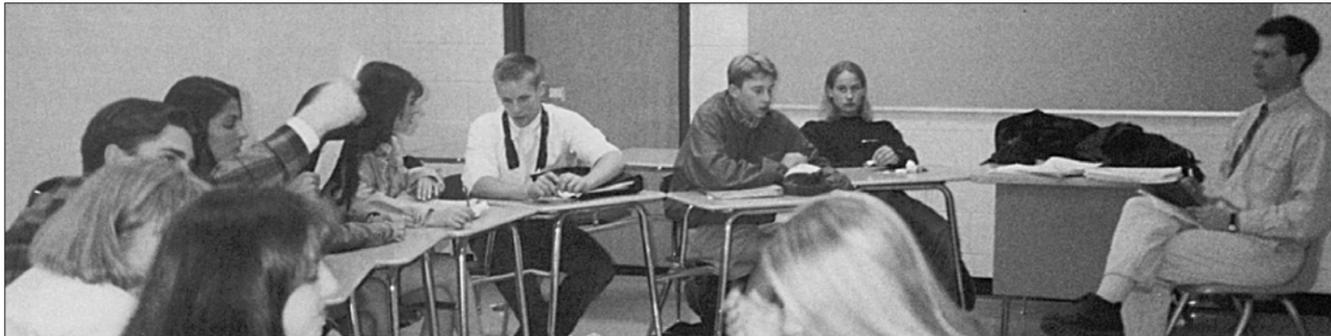
This year their destination was Reed College in Portland.

The group received a tour of the nuclear reactor and did a lab on figuring out the half-life of Barium.

"It was interesting to see people barely two years older than us be in charge of the reactor, and how they really knew what they were doing," senior Doug McGirr said.

## Oldham Leaves the Classroom

*Beloved English teacher moves to administration after 21 years in the Marist classrooms*



English teacher Andy Oldham speaks to his class in 1996, the year that most his current students were born in. Photo courtesy of Marist Archives

By **Natalia Zreljak**  
EDITOR

You might find him in his classroom jammin' out to Kendrick Lamar. You might find him strolling campus with his well loved dog Zoe, or you might find him at Homecoming teasing kids with his obnoxious flashlight and a handmade leave-room-for-Jesus sign that he won't hesitate to place between you and your date if you are one of "those" dancers. However next year you will find him sitting in the assistant principal's office, and no he isn't there for bad behavior.

After 21 years of teaching all levels of English at Marist's Andy Oldham will be leaving the classroom and move completely into administration as assistant principal of academics.

Oldham began teaching at Marist in the

fall of 1994, two full years before most of his current students were born. Known for his quirky teaching style Oldham has been a favorite teacher for students past and present.

Talking to Marist journalism teacher and Oldham's wife, Toni Cooper, gave me some insight as to how Oldham has developed as a teacher.

"He's always had a knack for entertaining and standing up in front of people. He has been successful from the beginning of his teaching and that's gone hand in hand with being a good dad," Cooper said. "I think he became a much better teacher after having kids and I think all the kids he has mentored over the years helped him be a better dad. He really does want to help students and wants to treat them the same way he wants people to treat his own kids,"

"There is always more to a student

than you think there is, it's important to take the time to listen to their stories and remember that being a high school student is hard," Oldham said.

"I'm really glad that I got to have him as a teacher because he teaches everything with such a passion that it really makes you want to learn more and be a better student," senior Anne Yates said who is in Oldham's current AP Lit class.

Although leaving the classroom was a hard decision for him Oldham feels that it is for the best and now he'll be able to focus solely on his new administrative duties. Oldham says that he will take the lessons that he has learned in the classroom to his new position which will include mentoring teachers.

Oldham told me it's easy to forget how hard it is to be a high school student but he certainly proves that when you're kid at heart it makes it easy to not forget.

## Is Your Water Safe?

*Marist science department offers free water testing*



Chemicals are added to water being tested for nitrates by senior Chris Keylock. Photo by Tyler Fechtel

By **Austin McIntire**  
STAFF WRITER

The Marist science department is letting its students try out their skills in a way that also helps the community by testing surface water for nitrates.

Water testing can be an expensive service. For example, having water tested at McKenzie Valley Pump can cost between \$35 and \$125. Marist is offering the service for free.

Surface water can become nitrified due to over-fertilization of crops or animal waste entering the ground water supply.

Moser and Marist lab assistant Sue Yellowtail lead the program that has worked with the Department of Environmental Quality since 2012.

"I love science and I love being able to work in a lab-like environment, and working in the field," said senior AP Chemistry student Chris Keylock.

The program is currently working to expand its offerings so it can test surface water for arsenic and bacteria.

If you are interested in having your surface water tested you can reach Yellowtail at [syellowtail@marisths.org](mailto:syellowtail@marisths.org).



Senior Chris Keylock shows the water testing lab. Photo by Tyler Fechtel

## 1+1=WINNERS

*Marist mathletes shine in competition and on test*

By **Madison Bryant**  
STAFF WRITER

Math teacher Amber Paterson has been busy lately providing passionate math students opportunities to shine.

Last Thursday, twelve Marist students placed first in LCC's annual math competition, winning by a mere two points over five other area schools.

Among the twelve were freshman Marsted Hall, sophomore Angela Agnew, junior Leo Rain and senior

Doug McGirr who scored the highest or tied for first on the quizzes taken for their level. Agnew, Rain and McGirr qualified for the State Math Competition in May

Senior Layvey Li, juniors Brendan Gescher, Jerik Embleton, Andrew Jablonski, and Renee Lee, sophomore Alec Howard, and freshmen William Grieve and Ana Steele also competed at LCC.

On Feb. 28 seven Marist Math Club members took the challenging MAA American Mathematics Competition test. Junior Jane Park scored in the top one percent.



Marist mathletes return to school with their ribbons after their win at LCC last Thursday. Photo by Josh Christian

## Marist's Next Iron Chef

By **Austin McIntire**  
and **Clara Lee**

Who will be Marist's next Iron chef? This Marist interpretation of the televised cooking competition sponsored by 4J Nutrition Center will take place on Apr. 28 from 1 to 4 p.m. in the Marist cafeteria.

Unlike the TV version, this competition will be slightly more group-oriented since students can test their skills



in groups of three to five. The point of the competition is to design a new dish that could possibly be served in the Marist Cafeteria later on.

Students need to sign up in the cafeteria or text your name and email address Sheryl Cardani at 541-912-8485 or send an email to [cardani\\_s@4j.lane.edu](mailto:cardani_s@4j.lane.edu). After signing up you will be sent a team packet.

## Learning About Life

*Marist for Life makes its annual trip to Portland for the Oregon Right to Life Conference*

By **Brandon David**  
STAFF WRITER

Ten members of Marist for Life, Marist's on-campus pro-life club, traveled to Portland last Saturday for Oregon Right to Life's annual Oregon Right to Life Conference to continue learning about pro-life issues about which the club seeks to raise awareness.

Accompanied by three parent chaperones, club moderator Heidi Susec and Rosemary Montgomery, a board member of the Storms Family Foundation who funded Marist for Life's activi-

ties this year through a donation from the Foundation, the group heard speeches and participated in workshops.

The group began their day with a presentation by Fr. Tad Pacholczyk, the Director of Education at the National Catholic Bioethics Center in Philadelphia, who spoke about the impacts of the Affordable Care Act on human life – both in terms of prenatal and palliative care.

Following the presentation, students divided into groups to attend different classes on a student tract ranging in topic from the basics of abortion and the



Members of Marist For Life wait for the Right to Life Conference to start. Photo courtesy of Heidi Susec

pro-life movement in Abortion 101 to influencing peers in a high school setting.

# Expanding Your Horizons

*Why everyone should study abroad at least once in their lifetime*

By Clara Lee  
ASSISTANT EDITOR

**“W**ow, you are so brave. I would never be able to do what you are doing!” This is what most people tell me when I introduce myself. But I think differently; I believe that everyone has the power to do what I am doing.

I am an international student and I have been in the U.S. for three years now. I will graduate from Marist this year and pursue my academic career here in the States. But I am sure I will go into another exchange student program, I’m just not sure where yet. The possibilities are endless.

I can, without hesitation, say that coming here alone at the age of 15 was the best decision I have made so far in my life. To be honest, for some reason, I was not afraid at all preparing for the journey. But it hit me at the airport when I was going through Customs to come to U.S.; I broke down and sobbed in front of the customs officer, still so embarrassed.

Through the experience, I have met so many people to be thankful for: all my host families, teachers, and friends. Without them, I would not be who I am

today, and I would not have had nearly as positive and meaningful of a study abroad experience.

Meeting a nice host family is arguably the most important thing when it comes to a successful study abroad experience, but some aren’t lucky enough to have the perfect host family. You’ve probably heard horror stories from international students how they don’t get along with their host families at all.

In my case, I lived with four different host families until I met the perfect one.

To brag about my current host family a little, my host parents are the most caring and wise people ever. And I was lucky enough to have my friend as a host sister, even though we squabble at times.

And I’m not the only one who’s had amazing experiences through studying abroad. I talked to a couple other international students here at Marist.

“School in general is easier here than in Vietnam. It wasn’t really hard for me to be involved and adapt in. I met a lot of people and made new friends,” said senior Nhi Le. “I really recommend studying abroad; it is a good experience all in all.”

Another international student, senior



Seniors Clara Lee and Heather Clarke. Photo courtesy of Clara Lee

Leyvey Li, said that Marist teachers are very nice and that they have made his experience better.

I want to encourage everyone to study abroad or at least travel for a long-stay once in their lifetime. There are so many opportunities if you look into it. If during high school is not going to work for you, I encourage you to look into exchange student programs in college.

The new people you get to meet, the wide perspective in life you earn, and all the amazing experiences you get to have...it will make you a whole new person like it did for me.

# A 21st Century Pope

*Pope Francis proves to be popular with many across the world*



Pope Francis. Photo courtesy of faithinourfamilies.com

By Joe Lawer  
STAFF WRITER

**T**wo years into His Holiness’s Pontificate, Pope Francis remains immensely popular worldwide with, according to Forbes Magazine, one of the highest approvals from the world population.

The Pope’s different way of preaching on church views have millions loving him with his Jesuit-style of leading the church and his focus on serving others. So why does so much of the world population love the Pontificate so much?

The first Jesuit Pope, Jorge Mario Bergoglio comes from Buenos Aires, Argentina, also making him the first Pope to hail from the Americas. The 76 year-old became Archbishop of Buenos Aires in 1997, was made a Cardinal in 2001 by Pope John Paul II, and eventually was elected by the Papal Conclave to become the first Jesuit Pope ever in 2013.

Traditionally members of the Jesuit community are bound by oath to not pursue higher offices in the Roman Catholic Church – Jesuits must obtain permission from their prior to even accept the calling of bishop – so it’s rather extraordinary for the church to have a Jesuit Pope.

Pope Francis has shined some light on perhaps some of the most controversial subjects facing the church such as homosexuality, evolution and sexual abuse cases brought up against priests.

“People like the Pope because he offers a simplistic look on the morals of the church. He doesn’t over-exaggerate certain aspects of things,” said theology teacher David Haggard, “The simplicity and looking to the roots of Catholic teachings allows peace and joy to emerge.”

In one of the first Masses celebrated by Pope Francis, he reinforced the ideology of what has become the central message of his Papacy, to protect and serve the weak. “Certainly, Jesus conferred power upon Peter, but what sort of power was it,” said Pope Francis according to Time Magazine in 2013. Pope Francis went on to place an emphasis on service saying, “only those who serve with love are able to protect.”

“This is not really a new idea because pastors are taught to use church teachings of faith and morals,” said theology teacher Heidi Susec, “leaders of the church act as instruments of Christ by helping others live out church teaching.”

By placing an importance on caring actions first, then getting into details of rules, Pope Francis has influenced people around the world to care for people who would usually be persecuted by members of the church. “If someone is gay and he searches for the Lord and has good will, who am I to judge?” Pope Francis said in a press conference as reported by CNN.

Pope Francis has become immensely popular around the world through his actions in the church and throughout the community; his Jesuit style of preaching has inspired many people to become more involved in their communities and his use of social media has created a bridge between the Vatican and the technological age. Pope Francis is one of most public leaders of the Church with his use of Twitter (@Pontifex) and other means of social media including his appearance in multiple selfies.

The popularity of Pope Francis is no secret as he continues to preach through his actions in the world community.

# WHY TEACHERS TEACH

*Discovering their passion for education* By Madison Bryant

At Marist, students are blessed with outstanding adults who are enthusiastic about teaching us, enthusiastic about embracing their other roles as advisors, and enthusiastic about helping us become better individuals both inside and outside of the classroom. Without their consistent dedication to making teaching more than just a ‘9 to 5’ type of job, Marist would not be the place we know and love: a place that is defined by a contagiously zealous atmosphere for learning and achieving. A place where we are inspired and motivated to succeed. Regardless of the occasion at hand, our teachers invariably strive to go the extra mile. Through interviewing a few of our teachers, it became apparent that their diverse journeys influence what they bring to the classroom, and their ability to define Marist.

**E**nglish teacher and 2002 Marist graduate, Sarah Baird-Reed said that she never realized how much her education at Marist effected how she saw the high school experience. Her experience in public schools before Marist was entirely different than her experience at Marist. Reed felt teachers were there to “clock in and clock out.” Her respect for her high school teachers at Marist led to her vow to continue teaching only if she absolutely loves it. In high school, Reed was involved in theatre, choir, various clubs, and even won the talent show her senior year. “Although they pushed me and made [her] cry a few times,” Reed says English was her favorite subject. When I asked her if there was anyone specifically who inspired her to become a teacher, she firmly, and without hesitation said, “Mr. Oldham and Mrs. Yocum.”

**REED**



**COOL**

**W**hen I asked science teacher Renee Cool why she decided to become a teacher, she recalled wandering around the OSU campus, casually checking out the different graduate schools hoping to figure out what she wanted to do with her life. She originally planned on pursuing a career in medicine, but after attending college at the University of Portland, she decided that it was not the right plan for her. The education department caught her eye, and she and everyone else thought she should “totally” be a teacher! (We both laughed at her nonchalant approach.) Cool remembers fondly being a student in the first AP Chemistry class offered by her high school, which involved troubleshooting and hands-on learning. As a sophomore in college, she took advantage of opportunities to be a workshop leader, teaching small groups, and taking part in a teaching outreach program. These experiences, Cool said, are what brought her to that revelation on her OSU wander.



**“L**earning is a neat thing, and I was super stoked about it in high school.” I think we all have a good guess as to who would respond with such ‘rad’ language...Math teacher, Noah Breslaw. In high school, Breslaw kept himself busy with basketball, football, and “R.E.A.C.H.” (a community outreach program). Like fellow teacher Tripp Nelson, Breslaw said that coaching is what inspired him to teach. “It’s not like I have to be [at school]. Teaching is a choice,” said Breslaw. In response to what his philosophy on education is, Breslaw said he wishes teachers didn’t have to grade kids, so that teachers “would teach, kids would learn, and everyone would leave happy.”

**BRESLAW**



**NELSON**



**“W**ell there were the nerds, the stoners, and the jocks, so I guess I was a jock,” said history teacher Tripp Nelson. Nelson’s desire to make a difference in the classroom was sparked by his interest in coaching. With a sense of obligation to teach in a Catholic school, Nelson chose the classroom over the field. He said coaching and observing teachers was a big motivator; especially his high school P.E. teacher, Mr. Kendall. Nelson admired Mr. Kendall’s ability to keep class interesting, and instill the importance of being a team. Nelson believes firmly that “education needs to be enlightening, challenging, and fun,” and that you have to “push kids harder than you think they need to be pushed.” Nelson’s favorite part about teaching is getting to instill a work-ethic, time management, and other life skills in kids. Ultimately though, “I really hope that I am a difference maker,” Nelson said.

## Life With Two Parents In The Military

Senior Brit Brann talks about growing up with heroes for parents



L to R Senior Brit Brann and her parents Donna and James. James Brann. Donna Brann.

By Gabby Mujica  
STAFF WRITER

Senior Brit Brann is a strong and dedicated young woman with a loyal and loving personality.

She's one to never give up on the things she enjoys, such as academics and sports. Bran loves seeing the good in everything and everyone around her.

Throughout her time at Marist, Brann has participated in volleyball, soccer, track and shooting team, all between a total four years knee surgeries. Although, she never let that stop her from the responsibilities life threw her way and continued to accomplish the things she needed to in order to achieve her goals.

She plans to attend the University of Oregon this fall, majoring in human physiology to go into physical therapy.

Brann's childhood, however, wasn't one like most, but was also not too different than that of many children across the country. Both her parents were in the military

before Brit was born and continued throughout her childhood.

Brann's father enlisted when he was seventeen and has served in 13 peacetime deployments and three combat deployments.

Brann's mother decided that after her graduation from law school she would enlist as well, serving in one combat deployment to Egypt.

Luckily for Bran, she always had one parent home while the other was away on duty.

But still, Brit was forced to grow up a lot faster than other kids in her class. With having to help out her mom with her two younger brothers, she had to always be aware of what was going on around her. She stepped up with more chores around the house and made sure her school work was in check so her mother has less worries.

"It was really hard only having one parent around but once you get used to it, you realize it's okay because they're doing a good thing for our country," said Brann.

However, Brit said she tried to

keep herself distracted from what was going on overseas as much as possible to prevent nervousness and fearing for her parents safety while being away. "We just tried to block it out as much as possible," Bran said. She recalls how her mother cancelled all newspapers and never watched the news around them.

As time past, when it came to her school work Brit was completely focused. Brann said she threw herself into her academics, soaking up as much as she possibly could from history class, and tried out for new sports, like basketball, soccer, softball, and volleyball. She surrounded herself with her good childhood friends from St. Paul, Morgan Bloom and Luba Kalstad.

She never let her father's job keep her from being a kid. "It helped me become more independent and also cherish how important family is and the moments we have with them," Brann said. "It's kinda cool because not only are your parents your heroes, but everyone else's as well."

Brit claims that during this experience, she learned to understand more of what was going on in the world and it helped her learn responsibility at a very early age. One thing's for sure, she's glad to have both her parents home safe and sound.

"I really liked being a military kid to be honest because it's just kinda something special your family has and knowing they're doing good for the rest of the country," Brann said proudly.

## Fun With Science

By Michael Baird  
STAFF WRITER



Labs are one of the ways Marist science teachers apply the material learned in their classes to the real world in an interesting and fun way. Here are three labs that seem to be a hit every year.

Sophomore Alex Steele, currently taking Patrick Wagner's biology class, conducted his favorite lab so far at Marist through the famous McMush Lab, which focuses on studying the four main building blocks of life, including fats, simple sugars (carbohydrates), complex sugars (glucose), and protein, all conveniently contained within a McDonald's meal with a burger, fries, and Coke. Students formed four groups that each analyzed one of the four contents of the blenderized meal. A member of the glucose group, Steele focused on the concentration of the complex starch in a McDonald's meal. "I liked seeing...the building blocks or common foods [and] what you're [actually] consuming," Steele remarked.



The blender. Photo by Tatiana Davis



Freshmen launch their bottle rockets in Physical Science. Photo by Jack Kieseewetter

Constructing rockets in Mrs. Miller's Honors Physical Science class freshman year is Senior Josh McIntire's favorite science class memory. "I liked it because [it was] a project where we created something that we could see in action," McIntire said. Continuing in his passion of learning about the physical world, he is taking AP Physics this year with science teacher Ryan Moser.

Photographers delight in the brilliant colors of density columns created each year by chemistry students. Senior Janan Hart's foremost fond science memory recalled his experience producing a density column last year in Ryan Moser's Chemistry class. "I liked it because everyone could do [the procedure] just a little bit differently... but we all got the same results in the end," Hart said. The lab procedure included preparing mixtures of liquids of different densities and dyeing each solution with a different color of the rainbow. It was found that the higher density solutions, corresponding to purple, stayed at the bottom of the cylinder while the lower density ones stayed closer to the top.



Junior Tatiana Davis pours a sugar solution to create her density column. Photo by Carley Weivelman

## Math Teacher Of Many Years Says Goodbye

Math teacher Doug Schaaf decides to retire after ten years at Marist



Math teacher Doug Schaaf

By Trevor Konrady  
STAFF WRITER

"I have a story," Marist senior Natalia Zreliak told me when I asked about Doug Schaaf's upcoming retirement from teaching, and the story definitely exemplifies the kind of teacher, and person, Schaaf is.

When Zreliak returned to school from spring break her freshman year, after her grandma had passed, she was having a rough time and no teacher seemed to understand. After hearing about what had happened Schaaf took her aside before class expressing a sincere concern, making sure everything was okay and letting

her know that he'd love to help her with her math anytime if she felt the situation is causing her to fall behind.

"He's just a genuinely nice guy" said Zreliak.

After a combined 10 years teaching at Marist High School, and 37 years teaching total, Schaaf announced his retirement which starts at the end of the 2015 school year.

When I asked Schaaf what the best part of being a teacher has been for him, he responded, "Being able to make a difference in a student's life, and helping them grow in their education."

Having been a student in a class of his, I can agree that he is willing to do whatever he can to help students grow in their math education.

Marist 2014 grad, Zac Oldham, who is studying engineering at Gonzaga, said "Mr. Schaaf's class has proved extremely helpful for me in college. The foundation I got in his class has helped me greatly in the majority of my science and math courses. His class was probably one of the closest to an actual college class I had at Marist and it definitely was instrumental in preparing me for college math."

Not only have students been impacted by Schaaf's kind presence but Marist staff have as well. Tammy May gleamingly stated, "Mr. Schaaf is a gentleman; I wish all young people would use him as a role model. I wish the best for him; he was a gift to us during the time that he was here," when asked her thoughts on Schaaf's retirement.

Schaaf wasn't always sure that he wanted to follow his father's footsteps of being a math educator. He originally earned a degree in Recreation and Parks management from the University of Oregon. However, while sitting on a train during his travels after graduation, he came to the realization that it wasn't his calling, so he decided to go back to school to get his Masters in math education.

After his second graduation, the job Schaaf originally applied for at another school was given to Marist's former principle Brother Izedi. Somehow word got back to Marist about Schaaf, and he was contacted by Marist to come in for an interview, which led to his first teaching job.

He taught at Marist for five years, then decided to switch over to West Albany where he continued to teach for the next 27 years before returning to Marist four years ago.

By saying farewell to teaching, Schaaf is starting a new segment of his life. After this year he plans on spending some time playing golf and tennis, and really has an

interest in travelling. One of his goals is to make it to all of the different tennis majors around the world.

Schaaf is also a dedicated member of a service organization called the Kiwanis. The Kiwanis is a global organization of volunteers dedicated to improving the world, "one child and one community at a time."

And he already has a Meals on Wheels route that helps provide meals to the elderly, and plans to continue his service work with them.

He is a person that lives his life with a quiet genuine kindness and a heart that desires to help others.

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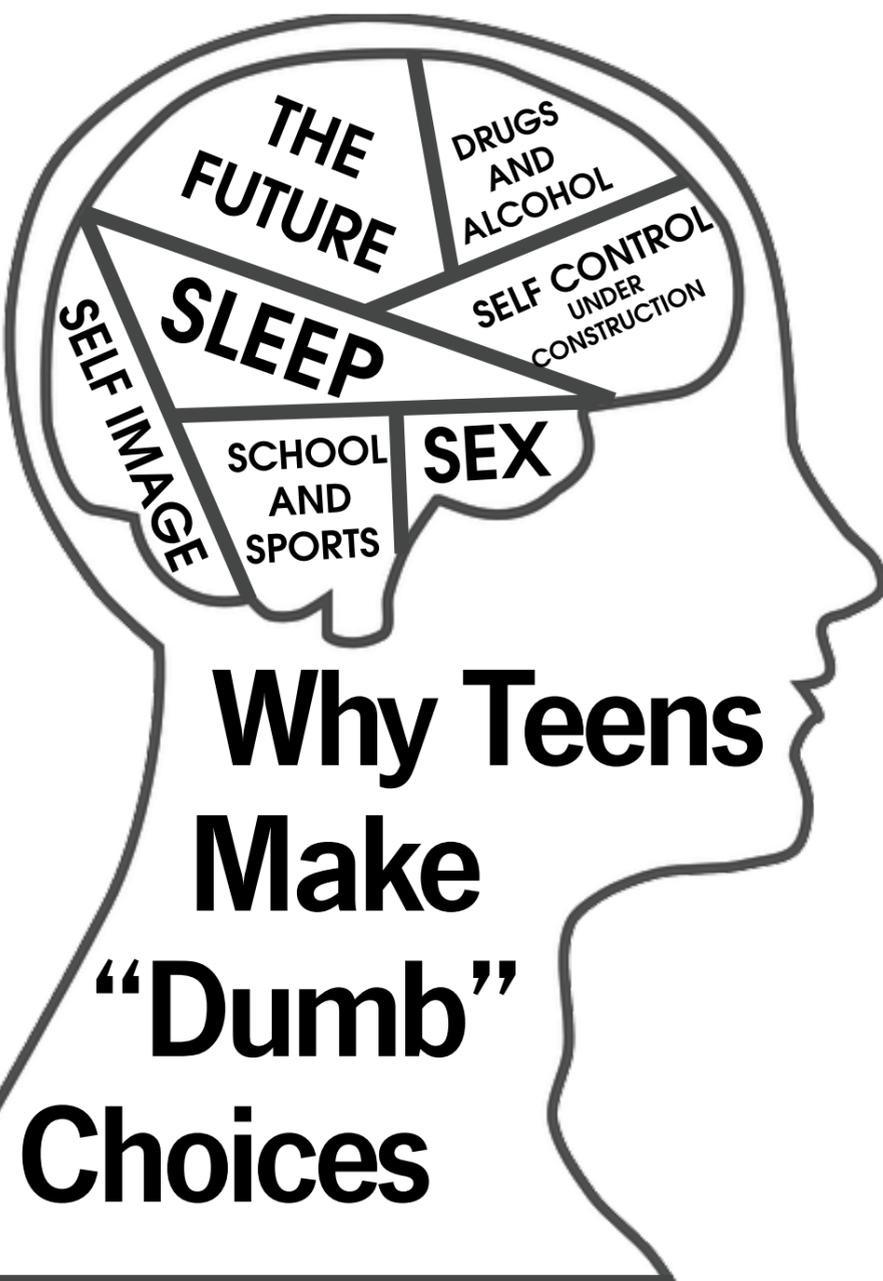
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## Understanding the teenage brain helps us understand why teens make impulsive decisions

By *Natalia Zreljak*  
EDITOR

Teenage brains are still under construction, yet teens are making critical decisions that will affect the rest of their lives.

The leading cause of death in adolescence is accidents, the second is suicide. So why are teenagers taking such big risks at this stage in their life as opposed to any other stage?

The teenage brain tends to respond to emotional information differently from the adult brain. The adult brain will take in emotional information and think on it while trying to be rational. The teenage brain, however, goes with a “gut reaction.”

Deborah Yurgelun-Todd, the director of the Cognitive Neuroimaging Laboratory at The Brain Institute at the University of Utah, conducted a study to see the differences between how the adult brain and the teenage brain react to emotional information. The participants in the study were shown pictures of people and then asked to identify what emotion the person in the picture was expressing. When shown the image of someone being fearful 100 percent of adults identified the emotion as fear while only half of the teenagers identified it correctly. Others said that they saw sadness, confusion, and some even

said shock. However what was most surprising to Yurgelun-Todd was that it was the most “sophisticated” teens that did not identify it correctly.

“I think that the frontal lobe, that part of the executive region that we studied, is not always functioning fully in teenagers. That would suggest that therefore teenagers aren’t thinking through what the consequences of their behaviors are, which would lead us to believe that they’d be more impulsive, because they’re not going to be so worried about whether or not what they’re doing has a negative consequence,” said Yurgelun-Todd in an interview with PBS on the study.

Teens make many impulsive decisions, often to impress their peers. They don’t think before they do, instead they follow their instincts which can often lead them astray. The teenage years are a very stressful time riddled with hormones and moral questions.

Teenagers are not mini-adults; they need to be reassured and guided not just thrown to the wolves and expected to find a way to survive. However, teens should not use this as an excuse as to why they make some of the choices they do. The relationship between adults and teens can be improved if teenagers can strive to be more self aware and if adults take the time to be informed of the teen brain.

## MONDAY STORY COLLECTION

At 10:45 a.m. every Monday morning, the staff of the Spartan Spear opens up a Word Document and then waits patiently for a prompt that grabs their attention and fills up the page with whatever comes to mind. Long or short...here’s a few of our favorites...

### Reading Is My Escape

By *Kayla Backer*

I enjoy doing a lot of things, like listening to music, writing, drawing, etc. But one of my favorite hobbies/activities is reading. Don’t get me wrong, I absolutely love movies and watching T.V., but nothing can beat the euphoric experience of reading. There is something about one’s own imagination that makes reading so much more incredible than just watching characters run around on a screen.

When I read, I don’t have to deal with the minor details that may bother me. I can be as shallow and as deep as I would like without anyone to criticize me. Do I want the protagonist to have a high, staccato voice? Sure. Do I want the dog to look like my dog? Why not. If I want the main protagonist to look like a young Brad Pitt, then so be it. If he just so happens to be shirtless half of the time, then well, let it be. But there are so many more possibilities available when reading other than hunky mind candy.

When I read, I don’t just observe the story; I am a part of the story. Everything real to the characters is real to me. Books have this amazing ability to draw you in until you forget time, responsibilities, and the troubles of everyday life. You get lost in the emotions of the characters until the words on the page become as tangible to you as the blood in

your veins and the breath in your lungs. The characters are a part of your life. You cry with them, laugh with them, rage with them, and so much more.

Reading isn’t just a pastime, it is a crucial part of everybody’s life. You don’t just learn more about the plot line and about the characters; you learn about yourself. Books provide an escape, a refuge, and an endless chain of ideas for you to explore.

### If I Could Go Back In Time

By *Austin McIntire*

I would like to see My Family, The McIntire clan come to America. The details and events surrounding our exodus are a mystery to me, and I would love to find out why we decided to leave Scotland and come to America. How did we get from Scotland to America to West Texas to Oregon? I don’t know, and this is arguably the most important decision that my family has ever made. The way it has affected me and my life is unquestionable. If we had stayed in Scotland, I would never had been born, or my Father, nor my Brother. Someone else would take my place as the current youngest McIntire. I wonder what they would be like. Would they look like me, act like me, talk like me? Would they love books as I do, enjoy life as I do, have friends like I do? These questions are hauntingly compelling, because if one simple act had changed, one

single moment, I would not exist, and it might be someone else pondering what I would be like, how I would act, look, and talk.

I would also love to get to know my ancestors. Did they have that cool Scottish accent? Did they wear kilts and know how to play the bagpipes? What were their names? Would they have liked me, would they be proud of how I have represented their family name? Would I have been like them enough for them to say, “Yep, no doubt about it, He’s a McIntire.”? I do not know these, and maybe I never will. But all the same, I am thankful for my unknown ancestors. Their far-reaching actions have paved my life in ways I doubt they even thought about. I may not know them, but I appreciate what they gave me, and I will do my best to represent both them and my family.

### Calling Korea

By *Clara Lee*

“Why didn’t you answer my call?” mom says. “I was worried.”

“I don’t know, I was busy,” I mumble.

“Well, have you eaten yet? Get that project done you were talking about? You forgot to take your vitamins, didn’t you? Did you write your grandpa a thank you email yet? You are all he talks about, you know. You should be good to him, seriously,” she says.

“God, mom. Stop nagging. I

lost you after the first one. Yes, I had dinner just now,” I say.

“What did you eat?” she asks.

“Food,” I respond.

“Did you take your meds today? I mean, like, vitamins. You seem really tired these days. And Eugene has depressing weather to begin with, you really need some vitamin D,” she rambles on.

“Mom, I seem tired because I’m exhausted. And even if I were to tell you why, I would get even more stressed while telling you and you won’t even understand as always, so what’s the point? Also, vitamins don’t help with how stressed I am, does it? I don’t think so. Why are you nagging me for nothing? Every time!” I yell, instantly regretting afterwards.

“I’m sorry. Bad day, huh? I just want you to be healthy and less stressed, you know. I’m sorry,” she apologizes, making me even more upset for some reason.

“Why are you sorry? Stop saying that! You know what? This is not helping me in anyway. I have stuff to deal with, I gotta go,” my mouth keep spitting out words I don’t mean to say in my head.

“Oh sure, sure. Yeah I’ll talk to you tomorrow. I hope you have a good day tomorrow. I love you,” she says with a face that will make me cry after we hang up. I know it.

“Whatever. Bye,” I press the end button on my screen as soon as I finish speaking. I turn around leaving my phone behind. I know

there will be a text from her by now saying she’s so sorry she can’t be here for me and how she’s so proud of me. I walk in to my room. I sob.

### The Little Red Bike

By *Sam Inouye*

“Come on Sam it’s all clear” Mother says. The sun is shining through the big tree branches hanging over Goodpasture Island Road. My mom sits back on her bike as she waits for me to cross the street. Putting my foot on the pedal, I push forward. Mother rides beside me then continues forward. On my dinky little red bike, I go half the speed I want. My foot gets caught on some part of the bike gears and I fall over. Pushing back tears, I try to pick myself up. Seeing a car come over the hump and around the curve of the road, I freeze. The anxious look on mothers face snaps my attention back to the rapidly approaching car. With my shoe laces undone and a few scrapes on my knees, I hobble the rest of the way off the road and into the safety of my mother’s arms. Seconds later, the car whizzes by and it’s over. For many years I hated going down that road. To this day, I take a different route to school every morning. Now I am the driver and you never know when some small girl is going to be laying in the road because she fell off her little red bike.

# Cyberbullying: A New Reality



*How bullying has been changed by technology in 21st century*

By Emily Hewitt  
STAFF WRITER

Cyberbullying is the most frequent type of bullying in America today. According to nobullying.com, over half of surveyed teenagers reported being cyberbullied in 2014. Despite this, only 1 out of every 10 teens who experience online bullying will tell a parent or trusted adult about the abuse.

Stopbullying.gov defines cyberbullying as “bullying that takes place using electronic technology. Electronic technology includes devices and equipment such as cell phones, computers, and tablets as well as communication tools including social media sites, text messages, chat, and websites”

Sergeant Carl Stubbs of the Eugene Police Department attributes the recent rise in cyberbullying to social media.

“With social media it makes it easy to harass someone, it’s right at your fingertips” Stubbs said. Some of the top sites for bullying include Facebook, Twitter, Instagram, Snapchat, and Ask.FM.

Social media gives easy access to large amounts of people and some sites can even provide anonymity, so the victim has no idea who is bullying them. Ask.FM, is one such anonymous question and answer platform and has directly contributed to multiple teen suicides, after teens received messages such as “go drink bleach” and “go get cancer.”

Yik Yak is another app where users can post things anonymously to people in their area without having to give out their name or accept responsibility for their actions. Cyberbullying on this app ran so rampant that the company had to implement a way to block its use in the city of Chicago. Bomb threats through Yik Yak have briefly shut down schools in California, Massachusetts, Georgia, North Carolina, and other various states.

The blogging site Tumblr also has an anonymous option, allowing users to ask anonymous questions to other users on the site. In late December of 2014, many blogs received an onslaught of anonymous hate. One blogger had their account hacked, and the hacker posted a false suicide note and fake notices from the person’s family, prompting many friends of the blogger to panic and believe that they had lost their friend forever.

Anonymous social media sites contribute largely to cyberbullying and give teens the opportunity to create false personalities, which can be damaging to themselves and to others.

“Social media creates a platform for people to create personas and be two people,” Assistant Principal of Admissions and Behavior Stacey Baker said. “It’s a cowardly thing.”

Social media and the internet create a space for teenagers to be someone different, to have a different personality than in real life. This allows them to say things to others that they would not say in person. This creation of multiple personalities is damaging to themselves, as well as to those they bully or harass through

social media. Eventually, after pretending to be two people for prolonged periods of time, students can easily slip into the habit of being a completely different person around different people.

Many communities have seen the detrimental effects of cyberbullying, including Marist. Baker said that the most common type of cyberbullying is mean and spiteful comments towards people via social media.

“There are unkind behaviors that occur and are against our mission and damaging to our community,” Baker said.

With the transition into 1:1, the Marist community will be much more involved with technology and the internet. This could lead to a greater volume of cyberbullying and inappropriate internet usage; something the Marist staff is aware of.

“With the increase of technology there is

## 10 TIPS to Prevent Cyberbullying

1. Research what it is and educate yourself.
2. Don’t give out your passwords
3. Keep photos ‘PG’ and appropriate.
4. Don’t open unknown messages -they could contain viruses to crash your computer or access your personal information.
5. Don’t stay logged in your accounts.
6. Think before you post.
7. Raise awareness of cyberbullying.
8. Setup privacy controls -make your account private.
9. Google yourself to see what pops up
10. Never cyberbully others

also going to be an increase in education about the responsible and ethical use of that technology. There will likely be some issues but I believe we have a student body, by and large, that is ready to handle this responsibly,” Dean of Students and Instruction and next year’s assistant principal, Andy Oldham, said.

“We have completely rewritten our technology policies and made “cyberbullying” and “inappropriate use” a much more prominent aspect of our policies. Part of the iPad boot camp in August will lead students through those new rules but will also emphasize and encourage electronic communication that is clear, sincere, and helpful,” Oldham said.

The psychology behind cyberbullying is fairly consistent with the psychology behind face-to-face bullying. It is an aggressive behavior, which tends to follow a repetitive pattern. The behavior is intentional, and typically happens between two people with unequal amounts of power. That could mean physical

size, age, emotional stability, or social status. The primary, core reason most bullies, face-to-face or over the Internet, bully is to establish a sense of dominance over their victim through intimidation or humiliation. They also crave admiration from their peers for their actions.

Cyberbullies are statistically more likely to engage in substance abuse sometime in their life. They are also more likely to engage in higher levels of at-school violence. Cyberbullies also tend to have a poor relationship with their parents, and many have experienced abuse in their lives. In the future, they are more likely to face criminal convictions and traffic citations. Often, they are relatively unhappy with their lives.

Cyberbullying can also be easier than face-to-face bullying for the aggressor. By bullying online, the bullies do not have to see the reaction from their victim, so they can walk away from the interaction guilt-free. Anonymity through the social media can give bullies a way to harass others without the victim knowing who is bullying them, so they can avoid the consequences of their actions.

Social media and Internet provide a way for humiliating and damaging photographs or information to be spread or distributed to large groups of people. These photos or information can spread very quickly, and it can be extremely difficult or even impossible to remove them from the Internet.

The bully has the power and ability to almost ruin a victim’s life, to change how their peers see and perceive them, based on personal information distributed in a public place, usually the social media.

Victims of cyberbullying can also be psychologically affected. They are far more likely to experience anxiety, depression, suicidal thoughts, loneliness, and poor sleep patterns, due to internalization of the abuse they receive online. They also feel they must conceal the abuse that is happening to them and will not tell people are they being bullied. It is possible for victims of cyberbullying to develop psychosomatic symptoms, similar to a physical illness, such as repetitive headaches, abdominal pain, and poor sleep patterns.

Being cyberbullied can also affect the victim’s school performance. Victims are more likely to miss, skip, or drop out of school. Their GPA and standardized test scores may be lower while experiencing abuse online.

How can cyberbullying be eradicated? The negative effects of cyberbullying can only be stopped by those involved.

“It would be great if young people would take a stand for each other,” Stubbs said. It falls on this generation to stand up for each other and not tolerate the damaging behavior of cyberbullying.

So, if you see someone being cyberbullied, don’t keep scrolling. Stand up for your fellow man, and do not accept cyberbullying as just a part of life.

## BULLYING BY THE NUMBERS

**90%** of teens who have seen social-media bullying say they have ignored it.

**81%** of young people think bullying online is easier to get away with than bullying in person.

**80%** of teens use a cell phone regularly, making it the most common medium for cyber bullying.

**75%** of students admit they have visited a website bashing another student.

**70%** of students report seeing frequent bullying online.

**68%** of teens agree that cyber bullying is a serious problem.

**58%** of kids admit someone has said mean or hurtful things to them online.

**52%** of young people report being cyber bullied.

**43%** of kids have been bullied online.

**25%** of teenagers report that they have experienced repeated bullying via their cell phone or on the internet.

**10%** of victims will inform a parent or trusted adult of their abuse.

**2x** Girls are about twice as likely as boys to be victims and perpetrators of cyber bullying.

# SPRING SPORTS RECAP

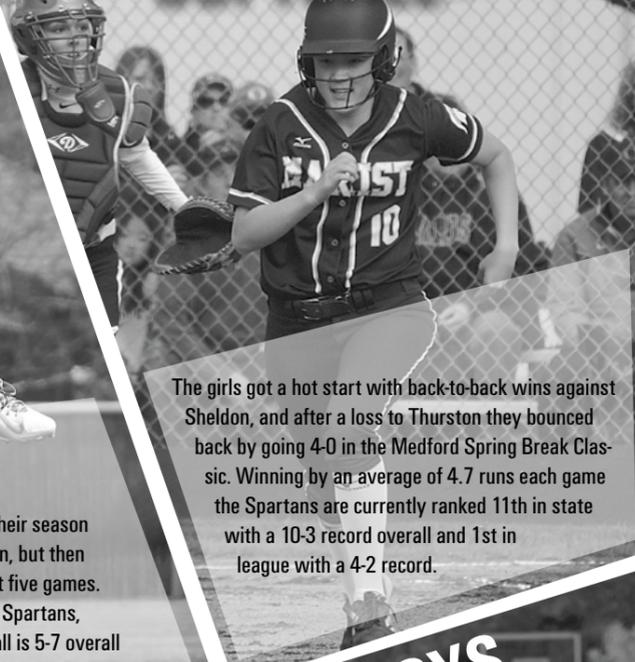
*Looking back and looking ahead at the spring sports season*

## BASEBALL



The baseball team had a strong start to their season with a dominating 13-1 win over Silverton, but then stalled, only winning one out of their next five games. April has been a comeback month for the Spartans, going 3-2 so far. Currently, Marist baseball is 5-7 overall and 3-3 in league. The team is sitting 4th in the league and 9th in state.

## SOFTBALL



The girls got a hot start with back-to-back wins against Sheldon, and after a loss to Thurston they bounced back by going 4-0 in the Medford Spring Break Classic. Winning by an average of 4.7 runs each game the Spartans are currently ranked 11th in state with a 10-3 record overall and 1st in league with a 4-2 record.

## GOLF



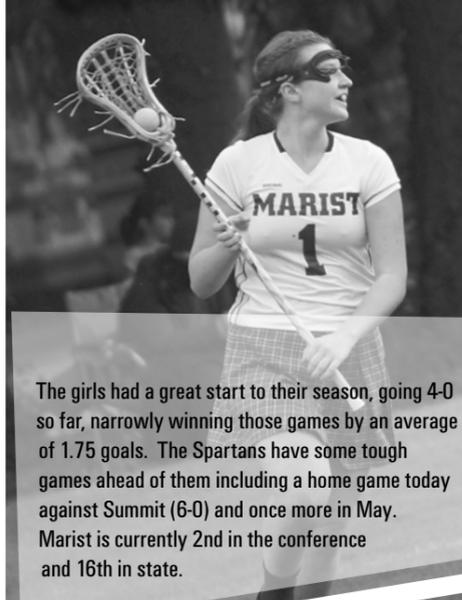
The boys team has teed off to a great start this season, winning their first three matches of the season and finishing 2nd in their fourth match this year. The boys will look carry their momentum through the remaining matches this season before the regional meet on May 11-12 at Eagle Ridge Golf Course and the state meet at Emerald Valley on May 18-19.

## SHOOTING TEAM



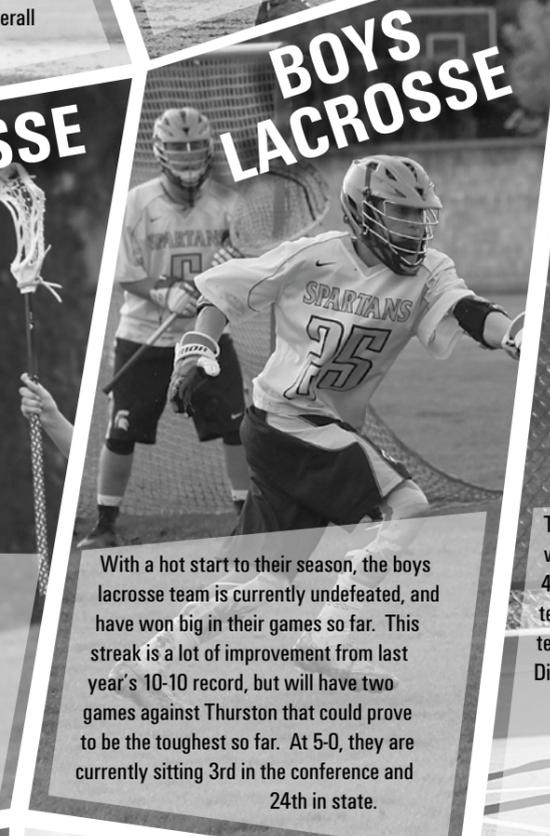
The shooting team will look to repeat as state champions this year, and so far they are about halfway through the season, with the state competition starting on May 23. Notable shooters include seniors Brit Brann, Randy Patterson, and Doug Mcgirr as well as juniors Jordan Baird and Leah Helfrich.

## GIRLS LACROSSE



The girls had a great start to their season, going 4-0 so far, narrowly winning those games by an average of 1.75 goals. The Spartans have some tough games ahead of them including a home game today against Summit (6-0) and once more in May. Marist is currently 2nd in the conference and 16th in state.

## BOYS LACROSSE



With a hot start to their season, the boys lacrosse team is currently undefeated, and have won big in their games so far. This streak is a lot of improvement from last year's 10-10 record, but will have two games against Thurston that could prove to be the toughest so far. At 5-0, they are currently sitting 3rd in the conference and 24th in state.

## GIRLS TENNIS



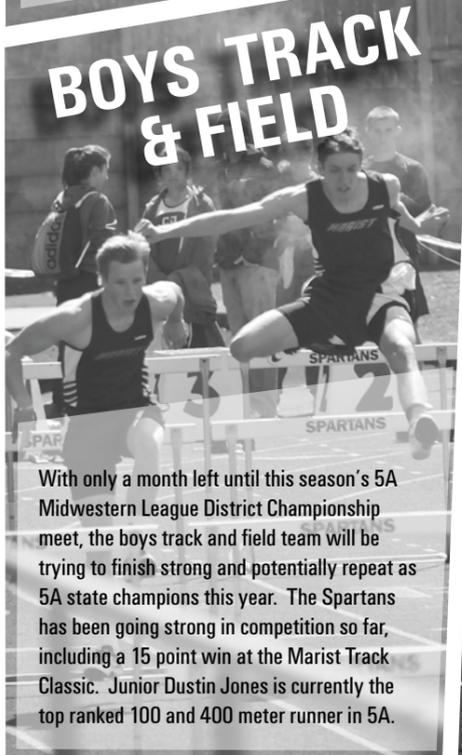
The Spartan girls are off to a great start with their season, undefeated so far at 4-0, which includes matches against 6A teams. Based on the scores, it looks like the team has a bright future looking towards Districts and State in May.

## BOYS TENNIS



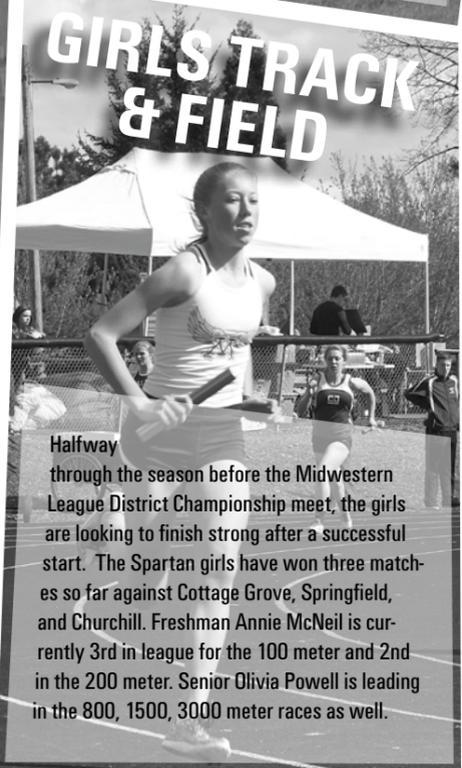
The boys had a slow start to the season with a loss to South, but turned it around by beating Churchill. The boys are looking forward to the district championship and state meet in May. The team of AJ Bartko and Austin Tyner will try and defend their state title from last year.

## BOYS TRACK & FIELD



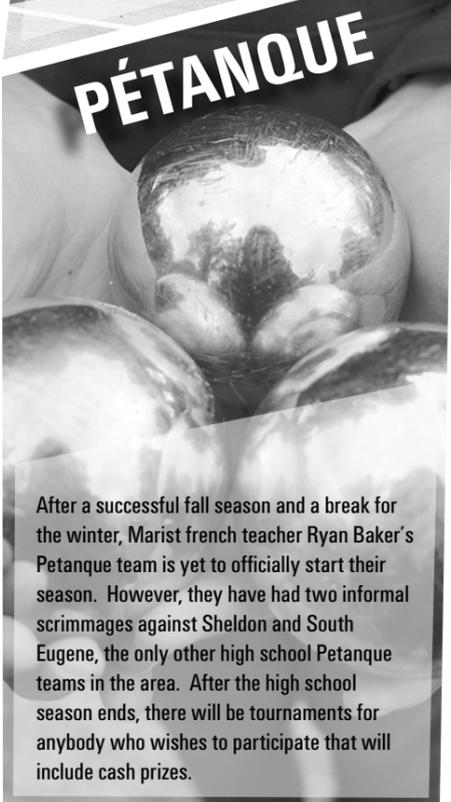
With only a month left until this season's 5A Midwestern League District Championship meet, the boys track and field team will be trying to finish strong and potentially repeat as 5A state champions this year. The Spartans has been going strong in competition so far, including a 15 point win at the Marist Track Classic. Junior Dustin Jones is currently the top ranked 100 and 400 meter runner in 5A.

## GIRLS TRACK & FIELD



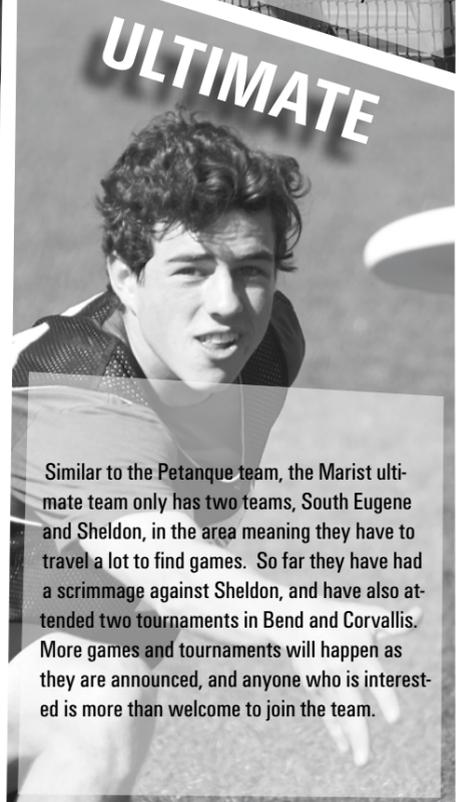
Halfway through the season before the Midwestern League District Championship meet, the girls are looking to finish strong after a successful start. The Spartan girls have won three matches so far against Cottage Grove, Springfield, and Churchill. Freshman Annie McNeil is currently 3rd in league for the 100 meter and 2nd in the 200 meter. Senior Olivia Powell is leading in the 800, 1500, 3000 meter races as well.

## PÉTANQUE



After a successful fall season and a break for the winter, Marist french teacher Ryan Baker's Petanque team is yet to officially start their season. However, they have had two informal scrimmages against Sheldon and South Eugene, the only other high school Petanque teams in the area. After the high school season ends, there will be tournaments for anybody who wishes to participate that will include cash prizes.

## ULTIMATE



Similar to the Petanque team, the Marist ultimate team only has two teams, South Eugene and Sheldon, in the area meaning they have to travel a lot to find games. So far they have had a scrimmage against Sheldon, and have also attended two tournaments in Bend and Corvallis. More games and tournaments will happen as they are announced, and anyone who is interested is more than welcome to join the team.

### by the NUMBERS

2

Number of seniors on the girls varsity lacrosse team

1

Number of pitchers for girls softball

5

The average number of miles long distance runners run at practice

3

Freshmen on the girls tennis team

## League Changes Lead to Late Nights

Midwestern League pits Marist against long-distance opponents

**I**magine, you get released from class early to leave for your away game. You excitedly load the bus to leave with all of your homework and gear. You find a seat and try to start your homework, but your friends are there talking about the days' events and school gossip; who's dating who, and what we did over Easter. This can lead to many sleepless nights or even some unfinished homework but it's a common struggle for virtually every student athlete at Marist and it certainly doesn't help that the new league Marist has been placed in this year includes schools 2-4 hours away.

"The leagues changed due to a lack of equitable qualification across the state," said Assistant Executive Director of OSAA Kyle Stanfield in an email in response to my inquiries. "Some students in some areas had a much better chance of qualifying for the state tournament due to lack of participants versus other leagues who might have a very deep and full field."

This new league change can

be good because it means that the Spartans will be put to the test against stronger teams. The bad thing about the change is that there is quite a traveling distance between Marist and, for example, Southern Oregon. "The drive to Southern Oregon is approximately six hours round-trip," said varsity softball coach Jon Burke, "Any time you have to drive that far for games it makes it tough on the players and their parents."

Even non-OSAA teams are affected by the change. "I personally think that traveling that far during the week is a challenge for student-athletes

because it takes away from time you could be in classes as well as makes for late nights which easily tire some people out," said varsity girls lacrosse head coach Katie Colasurdo. "The traveling is tough, but it's something that everyone has to do," Varsity head football coach Frank Geske said. "It's definitely tough on the players but it's something that we just have to get used to with the change in the league. I would love it if it could go back to olden days when all of the Eugene schools were in the same league, but I don't see that happening anytime soon."



## Students Livestream Spartan Sports

**By Emily Jewett**  
STAFF WRITER

**"T**hat's my grandson!" might be what we could have heard any Friday night this past fall, thanks to the program Spartan Vision run by network administrator Chris Fudge, and his students Tony Fudge and Miguel Cruz-Herrera.

Spartan Vision is the streaming of Marist football and basketball games. The footage is also saved and used with the sports program Huddle, which enables coaches to watch and take notes on the players' performance.

The program was originally started by Chris. As it grew and became more difficult to manage, he recruited his students, Tony and Miguel Cruz-Herrera, to run the cameras, the live score board, and the on-screen game clock. Marist was one of the first schools streaming games, according to Chris.

"The purpose is to get our video out to the families of students," Chris said, "We aren't making money off this, we just want the relatives of students to see them play."

They plan to film and stream at least two baseball games and at least two softball games.



Claire Farrington  
Girls Track

**Q.** If you could be the best at any field event, what would it be and why?

**A.** "Long jump, because then I could jump over big puddles."



Austin Korth  
Boys Track

**Q.** If you were six inches tall for a day, what would you do?

**A.** "Go to Legoland because that would be perfect."



Ashton Stowell  
Girls Lacrosse

**Q.** Is there a female version of the "lax bro," and what are they called?

**A.** "Yeah, they're called 'lax babes,' and Chloe Gibeau is a perfect example."



Jackson Ryan  
Boys Lacrosse

**Q.** What fuels the rivalry between lacrosse and baseball players?

**A.** "Because of the arrogance that baseball players have."



Will Stewart  
Baseball

**Q.** What is the first word that comes to mind when you look at yourself in the mirror and why?

**A.** "Trill, because Willdabeast is too real."



Jordan Gorman  
Boys Tennis

**Q.** If you could have a stranger come up and whisper anything into your ear, what would you want them to say?

**A.** "You is kind, you is smart, you is important."



Sidney White  
Softball

**Q.** Who's the funniest person on the softball team and why?

**A.** "Michelle because she sticks her butt out when she hits, and dances before games."



Brett Proulx  
Golf

**Q.** What is the most physically demanding part of being a golfer?

**A.** "Walking four miles with a 30 pound golf bag on your back."

## Sharee Waldron Embarks On "A New Adventure"

Marist's Athletic Director of nine years shoots off to Colorado

**By Madelyn Bryant**  
STAFF WRITER

**A**n evolution; That's how Sharee Waldron described her experience as Marist's athletic director. After serving as a parent volunteer to previous athletic director Cory Anderson, Waldron took over the position as an interim. She was surprised, but honored, when Marist asked her to fully take on the position in 2006. Waldron was working for the Judicial Department, but wanted a change. Ten years later, she reflects, with gratitude, on what she has been able to give to the Marist community, but especially what the Marist community has given to her.

Waldron and her husband Jay are parents to three Marist graduates: Nate (06'), Dustin (08'), and Jenna (10'). She speaks with great admiration about how involved her kids were in the athletics not only at Marist, but at the club, college, and even professional level.

While at Marist, Nate played football, basketball, and was on the dance team. Nate went on to play football at Linfield College, as well as return to Marist to coach basketball and football. A Register-Guard "Athlete of the Year," Dustin played football, basketball, and threw discus and shot put at Marist. He went on to play for Portland State University. Upon graduating from PSU, Dustin was drafted into the NFL, playing for the Dolphins, Patriots, and Chiefs. Jenna played volleyball, basketball, and softball at Marist, and was also an "Athlete of the Year". While Jenna chooses to focus on her studies in Gonzaga University's nursing program, she participates in club sports.

Waldron said that her favorite part of the job has been getting to "watch kids develop not only as athletes, but as people," and that



Departing Athletic Director Sharee Waldron and incoming AD Rick Gardner. Photo by Kayla Backer

she takes pride in seeing a kid take part in a sport even when he or she wasn't the best. Waldron recalled the encouragement she has offered to kids who weren't lifetime athletes in a sport, and how proud she has been of those who took her advice, excelling as individuals by their willingness to try something new.

"I'm proud of our kids in terms of our sportsmanship," says Waldron. She believes that especially the most experienced athletes have an obligation to set a positive example, and is "proud when kids can see that humbled

graciousness."

When I asked her what she has learned from the Marist community, she was without words. "Wow that's a tough question," she said. If she had to pick the most important thing Marist has taught her, she said it would be our "We are One" mentality.

Waldron has been involved in competitive shooting nearly her entire life, and was even slated to compete in the 1992 Olympics as a shotgun shooter. Waldron was used to being around the individual and competitive atmosphere that characterizes shooting; "being one" was something she didn't realize existed in sports. Her respect for the "We are One" mentality that intertwines throughout the community, has inclined her desire to seek that "same type of enriching community" at her next stop.

Where is that next stop? Colorado Springs, Colo. "A new adventure," as she described, is waiting for her. She is very excited about her husband's opportunity to work as an assistant National shooting team coach for resident athletes there. Waldron herself was actually the first female to train at the center back in her shooting days. She says she has several career opportunities in Colorado, but has yet to make a decision, however, she knows that she is excited to travel.

Current Assistant Principal of Academics Rick Gardner will take over as Athletic Director next year.

In regards to her time at Marist, Waldron said "I am blessed to have been [at Marist] with my own kids." Yes, blessed to have been here with her own kids, and blessed to have been here with all of us.

2

Bats broken by the boys baseball team

1

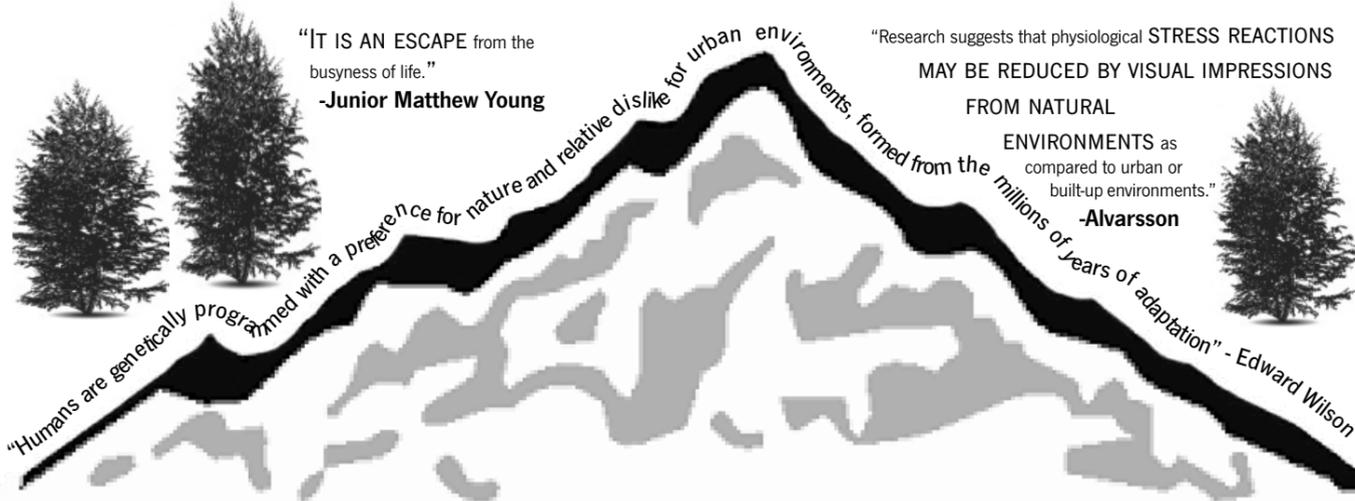
Girl golfer, freshman Sierra Coke

0

The number of games that the boys lacrosse team has lost

# The Importance of Spending Time Outside

Michael Baird makes a case for spending time in the great outdoors



By Michael Baird  
STAFF WRITER

**D**edicating some time each day away from technology and other sources of business in life can significantly benefit the mind, body, and spirit. Nature occupies a space in our lives that is irreplaceable. Humans thrive when interacting with their natural environment. A relaxed walk by the river or an hour spent gazing above into the infinite depths of the sky can be very satisfying. Many Marist students certainly think so,

saying that they feel “contemplative,” “at ease,” and “carefree” after a walk by the river. Junior Matthew Young described it as “an escape from the business of life.” Immersion in nature not only makes us feel more in tune with ourselves, but also with others. Some scientists have hypothesized that nature improves people’s care for others, arguing that “when people are in contact with natural scenes or living objects they will demonstrate a more intrinsic value set, orienting them to greater connection and a focus on others.”

Connectedness to nature leads to care for nature. At Marist, the Environmental Club and National Honor Society coordinate several outdoor projects to maintain and improve our natural surroundings. (NHS is in the process of adopting part of the Nobel Peace Park and Alton Baker Park). Teachers, incorporating the outdoors into class plans can do a lot of good for students. It is only natural that Marist students seem to crave having class outside; it’s in our nature.

## Why Marist Needs Uniforms



BOLDLY SPEAKING

By Brandon David  
STAFF WRITER

**U**niforms should be at the top of the Marist Administrative teams’ agenda. On a daily basis there are numerous infractions of the Marist “dress-code.” Yes the quotations are correct, because the rules do exist, but seem to be rarely enforced. School uniforms are common place in many other countries and Catholic Schools across the nation; why would Marist not follow this model if it wishes to be a leader in educational facility? As the American education standards are falling in comparison to the other nations, uniforms could be part of the answer to this dilemma.

The claim that students would not be able to express themselves I feel has little validity. Because only during the school day would students not be able to wear what they wish to; once they leave school grounds they could easily change into whatever they would enjoy to wear. Depending on the specific school’s uniform regulations students could be able to make use of their own accessories which would allow them to express their own style.

I feel as a private school student that there would be a leveling of socioeconomic assumptions amongst students based on their attire. I have been guilty of thinking that some students are or are not on financial aid strictly based on their appearance. With everyone wearing a uniform those assumptions would be greatly reduced or eliminated.

If Marist wishes to be the leading High School educational facility in Eugene it needs to highly consider getting a uniform. It could result in improved academic success, from a changed perception on the student body. Students would not have to spend as much time in the morning getting ready or worrying about what they wear; resulting in less stress/anxiety and less tardiness to their first period class.

We are One, so let’s prove it. Give Marist a uniform.

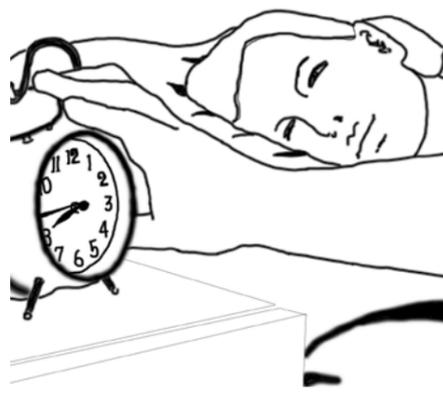
## A Lasting Late-In at Marist?

Imagine a world where students get enough sleep

By Austin McIntire  
STAFF WRITER

**H**ave you ever wanted more sleep? Every morning it seems I walk into an ARC full of teenagers who are yawning because of a serious lack of sleep. People complain about how they only got four or five hours of sleep last night because of a large homework load or a big project due the next day. But is this a healthy way to live? As it turns out it isn’t. Teens need nine to ten hours to reach maximum mental performance. Operating with less than optimal sleep levels inhibits your ability to concentrate, remember, or preform complex mental tasks. When you are sleeping, your body is going through the input of the day, so less sleep seriously hampers your ability to memorize facts and information. And going to sleep earlier won’t help either. When the body is about 13 years

old, its internal sleep clock, called the circadian rhythm, leaps forward an hour and a half, making sleep difficult before 11 p.m. So while going to bed earlier sounds like a



good idea, it won’t necessarily help teens get more rest. So to be better students we require more

sleep! If Marist were to start thirty minutes later, it could dramatically increase the intellectual capabilities of its students. It would be a really great sight to walk into the ARC one day and instead of seeing a bunch of yawning students complaining about how they got four hours of sleep, seeing a room full of bright, energetic students eager for the day. And for the students who have to drop off their siblings at O’Hara, this would also be a benefit because school starts at 8:10 a.m., so they could drop off their younger siblings. This would also benefit our athletes’ performance in sports. A rested athlete will have a much better performance than one who is sleep deprived. Now I know that this would be a scheduling nightmare for staff and it could also cause problems for athletics, but the benefits far outweigh the drawbacks. Getting here half an hour later would drastically improve the Marist experience.

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Looking to buy or sell a home?  
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As a supporter of the Marist community, she will donate \$500 to the Marist Foundation with every closed transaction.

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Man's Best Friends Not Just Dogs



Sophomore Chloe Gibeau and her bunny



Senior Doug McGirr and his parrot



Sophomore Nathaniel Koester and his chinchilla



Sophomore Turner Hurbis and her tortoise



Senior Chase Jacob and his llamas



NINE FUN INSTAGRAM ACCOUNTS TO FOLLOW FOR CUTE ANIMAL PICTURES!

- @biddythehedgehog
- @samhaseyebrows
- @jackthecockatiel
- @pudgethecat
- @chinnybuddy
- @ifitwags
- @tunameltsmyheart
- @iamlillibub
- @prissy\_pig
- @dailyoatpics



By Emily Jewett STAFF WRITER

Students share the joys of being a pet owner

**D**o pets truly relieve stress? Sophomore and bunny-owner Chloe Gibeau thinks so. "My bunny makes me feel really happy and she nibbles my hair when I come home from a long day, she's always there" Gibeau said. Sophomore Turner Hurbis also believes her pets affect her mood. She has a tortoise, a hedgehog, a Dachshund, and a rabbit. "When I feed my tortoise strawberries, I start to feel happier" Hurbis said.

Pets can have a huge effect on the way people feel and react to stress. According to scientific studies, pets have been shown to improve mood, control blood pressure, encourage exercise, stave off loneliness, and reduce stress. "There's excitement and happiness," Dean of Students and English teacher Andrew Oldham said, of students' reactions to his dog Zoe, "It's really nice [having Zoe in his office]. I'll sometimes lean back and she's just sitting there staring at me and having someone

so focused on me is nice. If I'm having a particularly hard day or having to make a hard decision, petting her ears relaxes me. Walking around campus with her can make it easier to talk to students, because they come up and talk to her first. She can get me out of my office because she wants to be outside, walking around," Oldham said. Pets can provide constant attention and unconditional love and friendship. They can also be someone to talk to, who can listen to your problems without

judgement or condescension. Pets can also be involved in the social media. Hurbis has a vine account for her hedgehog, Ivy. Doug McGirr has an Instagram for his parrot, Oats. Social media has provided a medium for sharing cute photos of their pets with family and friends, or even other animal-lovers. Even just looking at cute and happy animals can alleviate some forms of stress. Pets, of any variety, can reduce stress and make people happier, especially students after a taxing day.



By Joe Laver STAFF WRITER

DINING WITH JOE MAMA

The youngest Laver in his last year at home made a pact with his mom Peggy to try new restaurants on Tuesdays. Here are some of their most recent stops...

Bill and Tim's Barbecue

★★★★★★★★



The inviting atmosphere was easily complimented by the friendly staff and great food. The western-esque layout gives a fun setting to have a sit-down and munch on some quality barbecue. Baked potato slices coated in BBQ seasoning go well with almost anything on the menu, as does their signature coleslaw that is filled with flavor. Joe-Mama recommends the Pulled pork Sandwich with a side of their house Macaroni and Cheese.

Papa's Soul Food Kitchen

★★★★★★★★



One quick look at this humble restaurant and you will know that it offers quality food in a timely fashion. Perhaps the best BBQ that I have ever had, and described by others as, "Quality southern food in the Northwest." Fun staff and great atmosphere made the dining experience terrific. Joe-Mama recommends the Soul Burger with their signature Yams.

Killer Burger

★★★★★★★★



This hidden treasure in downtown Eugene offers a unique menu where everything is served with bacon. The hipster style atmosphere offers picnic tables for dining with friends, and booths for those dining in private. This burger joint has friendly staff that welcomes you at the door and seem excited to take your order at either their bar or their main registers. Needless to say, their burgers do live up to the restaurant's name. Joe-Mama recommends the Classic Killer Burger with Fries.



Cinderella

Disney's latest film venture, a live-action version of the beloved princess "Cinderella", is everything a Disney fan could ever hope for. The costumes, special effects, and acting are fantastic. Cinderella's classic blue ball gown looks like a painting come to life, and Prince Charming's ornate costume puts a twist on the prince's classic garb. The CGI that created the Prince's palace was well done, almost creating the illusion of reality.

Lily James (Cinderella) is kind and courageous, encouraging girls to stand up for themselves but to also be compassionate. Richard Madden (Prince Charming) is charismatic and dashing, almost enough to make you believe that fairy tale princes actually exist. "Cinderella" is a Disney film to remember.

★★★★★



Furious 7

"Furious 7", the final installment in the never-ending "Fast and Furious" franchise, is everything you would expect. Fast cars, absurd action that defies the laws of physics, and Dwayne "the Rock" Johnson's ridiculous biceps.

The movie follows Dom Torretto (Vin Diesel) and his team of racers, Brian O'Conner (Paul Walker), Letty Ortiz (Michelle Rodriguez), Tej (Ludacris), and Roman Pearce (Tyrese Gibson) as they try to take down Deckard Shaw (Jason Statham). The team is assisted by skilled hacker Megan Ramsey (Nathalie Emmanuel) and Luke Hobbs (Dwayne Johnson), who shows up just in time to crash an ambulance into a drone.

The plot was weak, but honestly, would anyone see this movie for the plot? You're there for Diesel and Walker driving a 7 million dollar car through three skyscrapers. Not one, not two, but three.

★★★★★



Insurgent

"Insurgent", the latest film in the popular "Divergent" franchise, leaves something to be desired, perhaps a continuous story line. Action and CGI dominate the entire film, leaving a small amount of time for character development and plot.

Shaliene Woodley reprises her role as Tris, the newly short-haired heroine who only seems to have two tones of voice: whispering and screaming. Theo James continues as Four, the sultry love interest whose only true purpose is to keep the discontinuous plot dragging through the broken shards of glass. Still, the movie continues the franchise and stays mostly with the book, despite cutting out major chunks to make room for screaming Shaliene Woodley jumping into a burning building to save her dead mother while tripping on simulation acid.

★★★★★



Woman in Gold

"Woman in Gold", is an inspiring story of Maria Altmann (Helen Mirren), and her journey to reclaim a painting of her aunt Adele, which was stolen by the Nazis, from Austria. She is aided by lawyer and friend Randol Schoenberg (Ryan Reynolds) who's Grandfather was also Austrian. Woman in gold molds the present with the past as Maria occasionally has a flashback of her life in Austria, and her escape to America from the Nazi regime.

Woman in Gold is a powerful story about a woman's journey for justice, and her reconciliation with her past. This movie can be both humorous at times as well as emotionally intense, as Maria remembers being forced to leave her parents behind in Austria.

As an added bonus, Mirren has a beautiful Austrian accent that is a delight to listen to.

★★★★★

Movie Reviews  
With Jewett and McIntire

# STUDENTS OF THE ISSUE

## FRESHMEN

### BRANDON BACKER

If you could spend one day with a fictional character, who would it be?

"Jackie Chan, cause he's awesome."

What would your superhero name be?

"It would be Brandcerealboy. It sounds cool."

When life gives you "pears," make "a shoutout."

Do you believe in true love at first sight?

"Yes. I saw my reflection in the mirror and fell in love with my magnificent hair."



### ASHLEY ALLDRIDGE

If you could spend one day with a fictional character, who would it be?

"I would spend it with Tobias from Divergent."

What would your superhero name be?

"Supernugs."

When life gives you "chicken," make "nuggets."

Do you believe in true love at first sight?

"Only with food. One time I saw a piece of pizza and it sure felt like love at first sight."



## SOPHOMORES

### ALEC HOWARD

What would you do for one million dollars?

"Probably more than I should."

Have you ever cried in a movie? Which movie?

"I haven't, but Marley & Me is possibly the saddest movie of all time."

If you could dis-invent one thing, what would it be?

"The Marist dress code."

What is your favorite quote?

"Don't nuke our imaginations, bro! Whoool!"



### BOOEY ROGERS

What would you do for one million dollars?

"I would dye my hair purple."

Have you ever cried in a movie? Which movie?

"Marley & Me."

If you could dis-invent one thing, what would it be?

"My brother."

What is your favorite quote?

"We're gonna modify the workout. - Chase Wells"



## JUNIORS

### ANILESE HANEY

iPhone or Android?

"iPhone."

If you were stranded on a deserted island, what two people would you want with you?

"Emily Laing to entertain us, and Taylor Gorham so her common sense would save us."

If you could spend a day with one of your parents when they were your age, which parent would it be?

"Mom, because she's like my best friend."



### TRENT OLSON

iPhone or Android?

"iPhone."

If you were stranded on a deserted island, what two people would you want with you?

"Beyonce and Kate Upton."

If you could spend a day with one of your parents when they were your age, which parent would it be?

"My dad because he liked to party."



## SENIORS

### TRUETT HANES

Do you have a nickname?

If you could choose your nickname, what would it be?

"Swaggy P; got it from God."

Love or money? Why?

"Always love. I'm just a human that needs somebody to love like my man J.B."

If there was a movie about your life, who would you cast to play yourself?

"George H.W. Bush."

If you could choose to stay a certain age forever, what age would it be?

"21, like the store."



### EMILY VITUS

Do you have a nickname?

If you could choose your nickname, what would it be?

"Em."

Love or money? Why?

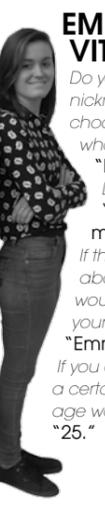
"Money, because money buys love. :)"

If there was a movie about your life, who would you cast to play yourself?

"Emma Watson."

If you could choose to stay a certain age forever, what age would it be?

"25."



## AVERAGE JOE COMICS

By Joe Lader



## Prom Advice From Marist Staff

What advice would you give to first-time prom goers?

By Clara Lee

"Choose someone you know you'll have fun with. Best friend over crush, for instance. Prom is not the best place for a first date."  
-Toni Cooper

"Limit hair styling time to three hours or 15 minutes depending on your hair length."  
-Rick Gardner

"Leave room for the Holy Spirit."  
-Stacey & Ryan Baker

"If you tell someone you can't go to prom with them because you are going to a wedding that night, don't let that person see you at Dairy Queen an hour before prom."  
-Grant Gilchrist

"Have fun and watch out for each other."  
-Walt Fox

"Classy, not tacky. Both in clothing and behavior."  
-Tammy May

"Invite your left side of the brain to prom."  
-Jerry Ragan

"Do not complain about the DJ."  
-Beth Wirth

"Go with a big group of people. It's better than an individual date because otherwise you have to dance with them the whole time."  
-Shari Pimental



## Letters to the Editors

Dear Jordan,  
What do you want to tell juniors taking AP lit next year in absence of Mr. Oldham?  
Sincerely, I'm Scared

Dear Sam,  
How well can you airdrop?  
Sincerely, I Want An iPad

Dear Toni,  
How is Andy?  
Sincerely, Cooper-Oldham Admirer

Dear I'm Scared,  
Don't expect any licorice or dog therapy during finals.  
Sincerely, Jordan

Dear I Want An Ipad,  
"Are you pickin' up what I'm droppin' in?"  
Sincerely, Sam

Dear Cooper-Oldham Admirer,  
I don't know. Ask Zoe.  
Sincerely, Toni

Dear Clara,  
Do you have a favorite memory of Mr. Schaaf?  
Sincerely, Tortured Calculus Student

Dear Jordan,  
What exactly is a falafel?  
Sincerely, Aspiring Falafel Lover

Dear Jordan,  
Are you going to ask someone to prom anytime soon?  
Sincerely, Senior Girl

Dear Tortured Calculus Student,  
One time, I saw him on the TV commercial of Eugene Swim and Tennis Club. It was amazing.  
Sincerely, Clara

Dear Aspiring Falafel Lover,  
Chickpeas in a ball.  
Sincerely, Jordan

Dear Senior Girl,  
Yes.  
Sincerely, Jordan

Dear Tali,  
How do you feel about all of the beloved teachers leaving next year?  
Sincerely, A Curious Sophomore

Dear Natalia,  
What's the sickest beat you know?  
Sincerely, Nasty Beat Lover

Dear Sam,  
I tripped in the courtyard today.  
Sincerely, Your Average Clumsy Person

Dear Curious Sophomore,  
I am happy that I have had the pleasure of having most of them in class. In a way it's kind of like we're graduating together and oh no I'm starting to cry. How dare you ask this question.  
Sincerely, Tali

Dear Nasty Beat Lover,  
I'm really into underground stuff so you've probably never heard of it but my jam right now is "Happy" by Pharrel Williams.  
Sincerely, Tali

Dear Your Average Clumsy Person,  
Haha it's ok. We've all done it before. Except about 99% of the student body.  
Sincerely, Sam

Dear Sam,  
How do you get a date to prom?  
Sincerely, Dateless and Not Proud

Dear Dateless and Not Proud,  
I don't know, you tell me.  
Sincerely, Sam