



NEWS briefs

ALICE Training

On Tuesday, Marist practiced its ALICE training procedures which teach students and staff to be safe in the event of an active school threat. Teachers and students reviewed procedures in their 7th period classes and then practiced a modified lockdown and three lockdown scenarios that included barricading, countering and evacuating.

Candy Gram Sales

The annual Christmas Candy Grams are being sold outside of the cafeteria near the Campus Ministry office through next Thursday. The cost is 50 cents for one gram, and one dollar for three grams.

NHS Bake Sale

National Honors Society will be hosting a bake sale next Wednesday during break and lunch in the hallway outside the cafeteria.

Speech and Debate

Last Saturday, the speech and debate team competed at the Clackamas Edge Invitational in Portland, the largest tournament of the season. Junior Lindy McCool placed 6th in Original Oratory and junior Danielle Shojai placed 1st in After Dinner Speaking. Shojai has won her event in every tournament this season.

in the SPOTLIGHT Christmas Strings



Marist's Advanced Strings Class. Photo by Alisa Kincaid

This week, the light shines on Marist's Advanced Strings Class. To spread Christmas cheer, the class visited three assisted living homes to play Christmas music today. The group included six violinists, one violist and two cellists. "I think that we're spreading Christmas cheer and filling people's hearts with joy and love through our music," sophomore violinist Heidi Knebel said.

On Sunday, four members of the class played carols at First Baptist Church. The group included Knebel, senior violinist Viola Watts, junior violist Liesl Benda and freshman cellist Sarah Rosier. The quartet played carols including "Jingle Bells" and "We Wish You a Merry Christmas."

SOPHOMORE JOURNEYS



Sophomores Emily Martin, Lauren Heer, and McKenna Priske play "ships and sailors" as an icebreaker at the retreat. Photo by Ivonne Perez

Sophomore girls unite during a night spent at Marist

By Caroline Gonyea

Last weekend, 29 sophomore girls arrived at Marist for a fun-filled retreat focused on personal journeys. Senior rector Brooke Kline and a team of 10 other junior and senior retreat team girls welcomed the sophomores and led them through fun activities and presented a variety of heartfelt personal stories.

"We were able to listen to other people's journeys and reflect on our journeys. It was cool because we're sophomores and still have a lot more of high school to go and it was a good way to start and continue our journey as classmates," sophomore Emily Martin said.

By the end of the weekend any apprehension surrounding the retreat experience melted away. "It

was nice to see them come together as a class," said junior retreat team leader Daniella Giansante, who was a first-time leader.

"I thought it went really well. I was super happy with the work of the team and I thought all the sophomores were really open to the experience and engaged in it," moderator Julie Ferrari said.

Freshmen Find Senior Friends

By Harper Kast

On Wednesday, Christian Leadership Class seniors paired up with individual freshmen during freshmen theology classes to talk and get to know each other, connect on a personal level and see how their year has gone so far. These conversations happened so freshmen feel more comfortable and welcome at Marist.

CLC students have been preparing for this event for two weeks. Sitting and talking around the school, seniors created a comfortable environment by bringing games including Connect Four, Battleship, Candy Land and cards. Seniors got creative with the food they brought, including Voodoo Doughnuts, waffles, Christmas cook-



Freshman Adell Almatrood laughs during a game of Candy Land with senior Tye Edgar. Photo by Ivonne Perez

ies, Cup Noodles, hot chocolate and gingerbread houses. Other activities include watching Netflix, coloring and blanket making.

"The best piece of advice my

senior gave me was to make new friends," freshman Maddie Neale said. Many freshmen had never met their senior, but after the conversation they had a new friend.

A Mary Start to the Holidays



Juniors Sydney Frey, Kailey Garrett and Sarah Barker sing along with Proclaim. Photo by Toni Cooper

By Cameron Gray

This morning, despite the cold weather everyone showed up dressed in their best to celebrate Mass.

To honor Mary, the mother of God, and her freedom from sin, the Catholic church celebrates the Feast of the Immaculate Conception every Dec. 8 and today Marist joined in.

Readings today highlighted man's

original fall from grace when Adam and Eve first sin against God as well as the moment the angel Gabriel appeared to Mary announcing God's plan.

Father Theo's homily was full of life and energy. He spoke of man's original disconnect from God and the role Mary played in reconnecting humanity to God.



Father Theo Lange gives his homily. Photo by Toni Cooper

Sports UPDATES

BOYS BASKETBALL

12/5- Varsity lost 51-55 at Corvallis; JV lost 33-56; Freshmen lost 60-63

GIRLS BASKETBALL

12/1- Varsity won 52-29 at Roseburg; JV won 42-17
12/5- Varsity beat Corvallis 47-32; JV won 48-11

SWIMMING

12/1- The swim team placed third at the Highlander Relays
12/7- Girls tied and Boys lost at Lebanon

Early Bird Gets to Pick



Seniors sit in the Front Office as they wait for metanoia sign-ups to open. Photo by Maddie Louie

By Maddie Louie

Seniors lined the hallway outside of Administration Assistant Terrie Clemens' office Thursday morning to claim one of the limited spots from one of the three senior metanoias taking place this winter. By the time sign-ups began at 7:30 a.m., more than 45 seniors were sprawled across the floor in a haphazard line. Dylan Parsons was the first in line at 6:20, saying he wanted to assure his spot on the second metanoia.

Medicinal Careers



Medical panel share their individual experiences. Photo by Eric Blonde

By Dylan Parsons

This week's brown bag lunch covered careers in the medical field. Marist students and staff were joined by pediatrician Pilar Bradshaw, hand and wrist surgeon Heather Campion and nurse Melissa Cary.

The visitors discussed their background and education, highlighting the difficulty of completing their schooling and residency period prior to opening a practice. The medical professionals emphasized the importance of a servant heart in the medical field.