



The SPARTAN SPEAR

VOLUME 28, ISSUE 1

MARIST CATHOLIC HIGH SCHOOL

NOVEMBER 15, 2019

Timber!

Local company helps keep campus safe



Paraclete Projects Tree Service clears out dead trees by the Cody Waters field. Photo by Nick Stice '20

Nick Stice
STAFF

Marist parent Joben Jarvis and his company, Paraclete Projects Tree Service, spent last week clearing out trees on the Marist property in order to assure a safer campus. Working mostly in the front field of Marist near the radio tower, they cut down dead trees in danger of falling and clumps of trees that kept the area from being monitored for unauthorized camping.

Students Like New Schedule



Billy Christiansen
STAFF

This school year, Marist has implemented a new schedule that includes a later start time for students. Classes now start at 9 a.m. on block schedule days, and 8:30 a.m. on the days that all classes meet, which are typically on Mondays. These changes came after several years of conversation among administration and staff, beginning in 2012, when the school was last accredited.

According to Principal Stacey Baker, the discussion was framed to help cultivate healthy and balanced students. "The conversation started several years ago. I almost made the change two years ago, but found that the timeline was

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TWO-TIME STATE CHAMPIONS

Senior-sophomore sister duo leads Spartans to second state win



Senior Bella Zachem holds up the girls cross country trophy while senior McKenna Priske, sophomore Jennifer Tsai and senior Lucy Tsai beam with pride. Photo by Lauren Barry '20

Nick Stice
STAFF

Marist cross country proved their dominance yet again last Saturday at Lane Community College during the OSAA 4A State Cross Country Championships. The girls team won their second state championship in a row and the boys team finished fourth.

The program set the bar high for itself last year as they were both the Sky-Em District and 4A State Champions. With the winning came higher expectations for the returning runners and coaches. "It's different when you're going in and it's time to defend what we did," head coach Chase Wells said when comparing the two seasons.

To ensure the runners were ready to compete, Wells made sure the runners stuck to their routine training and were calm heading into the state race. "I wanted today and this whole week to be loose for the runners. I just wanted them to have fun and be relaxed," Wells said.

Senior Lucy Tsai led the way on Saturday for her team by finishing fourth place with a time of 18:39.20, followed close by her younger sister, sophomore Jennifer Tsai in

fifth; the reverse of their district placements.

Finishing after the Tsai sisters were junior Emilie Nelson in 13th, senior Isabella Zachem in 14th, and senior Sally Moore in 27th. Junior Valerie Ponce and freshmen Reeve Helvoigt finished 32nd and 64th respectively.

After the race, Lucy had time to reflect on what she and the team accomplished. "It feels awesome to end like this and I would never have expected it," said Tsai.

Another one of the five returning state champion runners from the girls team was senior McKenna Priske, who suffered an unfortunate injury during the season, but embraced a new role. "I've taken on the role of team mom and we have been one big happy family with a lot of successes," said Priske.

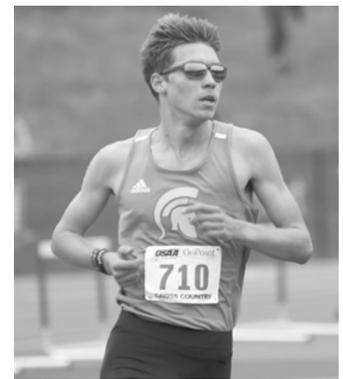
Leading the pack for the boys team at the state meet was senior Wiley Watts, who finished 6th. Coming off a fantastic year of individual performances, including a first place finish at the Sky-Em District Meet, Watts was also a part of the close-knit relationship the team developed. "This season has been really good. I had a huge PR and we have really bonded together as a team," Watts said.

Senior Jack Crowell, who was one of the

three returning runners from last year's state championship team, along with Watts and senior Evan Villano, was pleased after his final cross country race with Marist. "We felt good as a team, knowing we put everything we had out there," said Crowell.

Villano finished 20th, Crowell was 25th, sophomore Aaron Pina was 34th and senior Billy Christiansen was 38th. Keigo Yasuda and Charlie Moore finished 44th and 50th respectively.

Both teams placed second in the Sky-Em District Meet last week, each only losing by one point.



Senior Wiley Watts makes his way down the home stretch at the 2019 OSAA 4A Cross Country State Championships. Photo by Amanda Jewett '20

THE TWISTS AND TURNS OF MARIST'S FALL PLAY

Talon Larson
STAFF

The fall play, *My Very Own Story*, by Alan Ayckbourn and directed by Marist teacher Tony Rust was a hit. With two performances last Friday and Saturday, it was a puzzling play that kept you guessing until the end, especially when junior Sophia Bredbenner, playing a narrator, was carried around by a donkey.

The twisting plot included three storytellers colliding to tell one story. They disagree about who should tell it

and bicker amongst themselves until Percy Parton, played by senior Ethan Schwartz, begins the three chapter story told out of chronological order and adding to the entertainment value.

It was impressive how the actors made such an intricate story line work with just seven cast members; all having at least two roles. "The first night was better than the second because the actors had less expectations to fulfill and the lines were more accurate," said sophomore Liz Perez, who played both Amelia and Mr. Yerp.



The narrators, played by senior Ellie Phillips, junior Sophia Bredbenner, and senior Ethan Schwartz, argue about their documents. Photo by Taylor Willett '21

NEWS *briefs*

WINTER SPORTS BEGIN

For all winter athletes, physical forms must be turned in and completed by Nov. 18.

PARENT/TEACHER CONFERENCES

Students had Friday off while parent/teacher conferences took place Nov. 8-9.

15TH NIGHT DONATIONS

Senior Jacob Charbonneau and junior Jordan Lee are hoping to collect at least 25 sleeping bags for 15th Night to distribute to homeless youth. Bring your donations to the front office or to Campus Ministry by Nov. 22.

BOOK OF REMEMBRANCE

The Book of Remembrance will be in the chapel for the entire month of November for students and staff to write the names of passed loved ones.

WINTER PLAY AUDITIONS

Auditions for the winter play, Shakespeare's *Pericles*, will be at 3:30 p.m. on Nov. 25th.

5 FOR THE FEAST

5-For-the-Feast starts next Wednesday, Nov. 20. Bring \$5 to your English class to help provide Thanksgiving meals at the Mission.

SENIOR PHOTO RETAKES

Senior portrait retakes will take place next Thursday, Nov. 21. Sign up at the front office.

ANGEL PROJECT

Dec. 9-18, students will bring in items to their theology classes for their designated families just in time for Christmas.

CANDY-GRAM SALES BEGIN

Student Council begins selling Candy-Grams on Dec. 2 for students to send to friends.

SENIOR BACK FROM AFRICA

Senior Donny Bertucci recently returned from his third trip to Africa helping his dad track patients with cleft palate at the CURE hospital in Kijabe, Kenya.

TEACHERS ON STAGE

Science teachers Ryan Moser and art teacher Erica Gingerich sang Mozart's Requiem with the Eugene Symphony last night at the Hult Center in Eugene.



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Connecting with Kids in our Community

Students lend a helping hand to academically vulnerable children in our community through Genesis Reading Academy



Senior Allison McAllister draws a chalk picture with a young Genesis Reading Academy student.
Photo by Lauren Barry '20

Billy Christiansen

STAFF

This past summer, Marist English teacher Bill Ferrari organized the 2nd annual Genesis Reading Academy. The six-week program that began in July and ended in mid-August provided reading and writing instruction for 60 local students ranging from kindergarten to 4th grade who are identified as McKinney-Vento students in the Bethel, Springfield, and 4J school districts.

McKinney-Vento students are identified as the most academically vulnerable in our community. They're either homeless or living in unstable conditions. Studies show that the ability to read increases a student's chances for success both now and in the future.

The academy began in the summer of 2018 after a year of preparation with just 30 students. With partnerships from Catholic Community Services of Lane County, the University of Oregon's College of Education and Food for Lane County, a quality reading and writing curriculum was created and funded through various grants and private donations.

The student volunteers, who all went through training sessions that taught them how to effectively assist the kids in improving their reading and writing skills, were mostly made up of incoming juniors and seniors who were working on completing their Christian

Service Hours.

In addition to current students, 2019 Marist graduates Tess Louie, Madison Wisnewski, and Nick Nepute returned to be a part of the instructional staff and lead groups.

Along with Ferrari, the adult volunteers included people from the community who have earned a master's or doctorate degree in education from the University of Oregon. Most volunteers have remained consistent over the past two years.

"I was very pleased and impressed with everybody's contributions," Ferrari said. "Student volunteers presented themselves as great role models and as instructional assistants."

Senior Ellie Gonyea, a first-year volunteer, thoroughly enjoyed her four and a half weeks working at the academy. "I absolutely loved working with Genesis. It was really an eye-opening experience and I felt that by the end of the program, I had really made a difference in the kids' lives," Gonyea said. "I knew it was going to be fun, but it was so much better than I expected. I even missed it when I had days off over the weekends."

Senior Annabel Swangard had positive feedback from her second year volunteering. "The kids were a ton of fun. They gave me the best hugs. My favorite moment was coming back from my vacation and being greeted by

the kids again," Swangard said.

As a first-year volunteer, junior Alec Vendetti had an unforgettable experience with one of the younger kids. "My experience with [him] was something I'll never forget. I came into that camp with no expectations to grow close to any of the kids attending. [He] and I would play kickball, tag and make the most out of recess, but also learning. Working with him in the classroom was sometimes a struggle, but we found a productive way of learning and that's what mattered," Vendetti said. "I was someone he could trust."

"When my service was over, it wasn't easy leaving not only [him], but all the other bright kids," continued Vendetti. "I was then told by a fellow volunteer that [he] was struggling and needing help. So, I stopped by Marist a couple more times to read with him. It's an indescribable feeling you get when someone has that connection."

Ferrari is planning on continuing the Genesis Reading Academy next summer. "I'm hoping that we can sustain it for a few years," Ferrari said.

He is also hoping that in the future, student volunteers will be able to reunite with the academy students, so the students can continue to improve their reading and writing skills.

AP Computer Science Comes to Marist

New curriculum opens doors to career paths in 21st century

Ben Morehouse

STAFF

In addition to geometry and trigonometry, math teacher Noah Breslaw is now teaching Advanced Placement Computer Science, a class that will study computation systems, focusing on the theory, design, development and application of software.

By the end of the school year, Breslaw hopes that students have a general understanding of the field of computer science with an idea of whether or not they would want to continue studying in college.

This new AP class offers kids a chance to earn college credits. If they take the AP test given in the spring and get a three or above, they will get college credit.

Breslaw teaches from a site called code.org. Designed for AP classes, this site effectively uses class time in a room without computers, instead they use iPads. "It's a lot more theory-based at this point than actually needing a computer to type," Breslaw said.

Breslaw enjoys teaching math and

computer science equally. "They're different, and they both have their benefits and positives. Math is a little bit more direct instruction where the computer science class is very inquiry-based and project-based, so in short, I'm indifferent. I like both," he said.

Sophomore Conner Chase, one of Breslaw's students, values the impact that this class may have on potential careers. "With a firm understanding of how the internet works, more opportunities to complete jobs or work in a field that is technology-based increases because of the newfound knowledge provided by this class," he said.

In this new age of technology, computer science has benefited or affected almost every aspect of human life.

Senior Ryan Kirk experiences one of those benefits of computer science. "I now know what happens when my screen freezes up watching Netflix," he said.

The class has already learned about IP addresses and DNS servers, and is now learning the basics of functioning protocol



AP Computer Science teacher Noah Breslaw discusses computer terminology with seniors Nick Lund and Ryan Kirk.
Photo by Amanda Jewett '20

and its importance.

Breslaw hopes the class will return for the 2021 school year.

SCHEDULE (continued from page 1)

too fast. We spent a lot of time last year discussing and doing further research on schedules whereas the prior year we looked at and studied student health benefits to more sleep," Baker said.

Research shows that teenagers need 8-10 hours of sleep. When teens get good sleep they feel more motivated to show up to school, feel less anxious and stressed and succeed better in the classroom.

A typical week this school year begins with an A schedule with an 8:30 start, followed by B, C, D and E schedules, all with 9 a.m. starts. This new schedule creates longer periods and typically alternates the days periods meet, while also including time for a study hall and an early release at least once a week to allow for staff collaboration and grading time. There is also a Mass and an Assembly schedule.

The Spartan Spear sent out a survey to all Marist students asking them if they liked the new schedule and if they were in fact getting more sleep. 30% of the student body responded.

Out of the 133 who responded, 88% said they liked it; just 12% said that they do not. The overwhelming majority of all respondents reported that they like both the late start and the homework being spread throughout the week best.

"I like more block days than A days. It gives me two days to do homework instead of one," sophomore Ben Proulx said.

Other things students mentioned that they liked were early releases, study halls, and a few thought that the longer periods created better time for learning.

The survey also asked what changes the students might like to see. Just about half identified wanting morning breaks. Other

things mentioned were not needing lunch on early release days, wanting longer lunches, wanting lunch after 4th period on A days, wanting the start time to be consistent and wanting shorter block periods.

The survey also asked if students were getting more sleep. 83% said yes. For the 17% who said not, the most common reasons were family schedules and staying up too late.

Because of the schedule changes, a morning breakfast is now being offered in the cafeteria before school. "Having healthy items available 30 minutes before the start of the day is one more way to support students in being healthy and balanced. If a student is running late and runs out of the house without breakfast, he/she can now swing into the cafeteria and grab something quick to eat," Baker said.

Little Garden, Big Difference



Produce from this year's Marist garden. Photo by Amanda Jewett '20

Marist gardening club attempts to fight climate change

 **Lizzie Wisely**
EDITOR

Sorry to disappoint, but no, you won't be seeing Frank Geske out in the Marist garden anytime soon.

Although the name is clever, the initial intent to have Geske get involved didn't pan out, but the new Gardening Club, created by sophomores Sydney Clark, Chelsea Rustik and Anna Watts, is in the capable hands of science teacher Ryan Moser and history teacher Walt Fox.

The goal of the club is to get involved in the garden and to teach students how gardening works. "We started this club because a couple of teachers expressed their interest in gardening," sophomore and co-leader Anna Watts explained. "We thought it would be cool to join them. We hope to learn about environmental sustainability and how to care for our world."

The abundance of crops in the Marist garden are not just for looks. Former Marist English teacher Ben Rain and the Environmental Club planted the original seeds four years ago, and ever since then, Moser has been working hard to continue its growth.

Fox lends a hand with the pumpkin patch so his 20th Century Pop Culture class has something to carve on Halloween.

This year, the Gardening Club had a

competition to guess the total weight of the two biggest pumpkins. Junior Peter Collins was the winner with his 113 pound guess --the actual combined weight was 115.2 pounds.

Other staff have been happy to help out with the garden as well including Erica Gingerich, Pat Wagner and past staff members Brent West while he was here. Moser, however, is the primary caretaker of the garden. He loves to garden and feels it's a way to combat climate change and, as many gardeners will attest, it's a great way to relax.

"I spend time in the garden because being in nature helps me to focus and forget about the stress of life," Moser said. "I also think that individual responsibility in regards to climate change is necessary, especially in light of the lack of corporate responsibility."

Although it may be small, as most home gardens are, growing food locally helps the environment by producing food without adding to one's carbon footprint. "Food takes carbon in production and transport, and growing your own food helps lessen that carbon footprint," Moser explained.

Sophomore Anna Watts feels that her participation will make an impact as well. "I think this is helping the climate change movement because it is connecting us to our Earth," Watts said. Produce that is grown by the Gardening Club will be donated.

What's Up With Clubs?

Senior Nikola Sušec tells you all about the Marist clubs

Looking for a club to fulfill your interests? Marist has it!

RETURNING CLUBS:

Spanish Club: Come experience Spanish culture by sampling foods, learning about culture and watching television from around the Spanish-speaking world. Spanish Club meets at on lunch in Spanish Teacher Nicole Mombell's room 300. Meetings are announced on posters in the 300 hallway.

Model United Nations: Marist is representing Saudi Arabia in this year's imitation United Nations in a state-wide conference in April. History teacher Jon Nuxoll moderates the club, teaching students how to study and become ambassadors for other countries. They begin in January.

Environmental Club: Seniors Addie Kelly, Cathy Kalstad, Julia Medina and Joey Braud along with moderator Karen Zeller will guide students in environmentally-conscious activities like "thrifting" and botany with the local Friends of Trees organization.

Speech and Debate: Coach Steve Barth coaches students in sixteen different events. Join to meet new people, push yourself, or find what you are passionate about said senior Ryleigh Andersen. They meet Wednesday evenings in the CLC room from 7-9 p.m. and compete from October until April.

Interact Club: "Members will host fun service opportunities like preparing goodie bags for children in need, along with organizing an international project or fundraisers like a football field movie night," said senior president Emmerine Helbling. Some events will count for Christian service hours.

Marist For Life: This pro-life club advocates that all human life is important, from conception to death. Junior Ryann Kockeler wishes to invite those "who don't know where they stand" to come and be informed. They meet regularly and participate in events throughout the year.

Catholic Culture Committee: The C.C.C. seeks "to promote a positive presence of Catholic culture at Marist," said junior Tanner Niegel, quoting club vice president Jack Thornton. Club president, senior Nikola Sušec founded the club last year, and is moderated by Fr. Theo Lange. They meet Thursdays at lunch in theology teacher Heidi Sušec's room, 201.

Key Club: This nationally-registered and service-oriented club is continuing under senior president Ellie Gonyea. Senior secretary Lizzie Wisely encourages new members to join to "get involved in projects that make a difference." Look to Schoology for announcements.

Smash Bros. Club: This is the ultimate club for gamers, lead by junior Russ Farr. Fight your Marist rivals in Super Smash Bros. on Nintendo Switch. They meet in math teacher Grant Gilchrist's room when announced.

NEW CLUBS:

Bowling for Jesus: If you love bowling, memes, and our Lord, this club is for you. Their logo is Christ on a cross made of bowling pins and holding a bowling ball. Sophomore club leaders Nik Norby and Max Griffin said the club connects Christianity's hero to their favorite pastime. "If we weren't saved from sin, we couldn't bowl," Griffin said.

French Club: This club will "enrich the campus with French culture" founder and president senior Dakota Baker hopes. After four years of signature-seeking, il a finalemment réussi! Baker and French teacher Ryan Baker (no relation) lead the club.

Fishing Club: Avid fishers, Kaycee Myers and Talon Larson, lead this group on trips to nearby bodies of water like Fern Ridge Reservoir. Co-Advancement Director Rebecca Larson is the moderator. Beginners and experts alike can join for camaraderie, fishing and good pictures.

Gents Club: If you are looking for a "safe environment for young men to learn proper etiquette while incorporating fun," join the all-male club lead by the most gentlemanly of seniors, Sam Bell and Isaac Milovich. Activities include spike ball, LARPing and bow tie tutorials.

Hacky Sack Club: This casual club bops around a hacky sack in the courtyard on sunny days. Sophomore founder Tim Taylor says, "There's no way you can be sad while playing hacky sack." French teacher Ryan Baker moderates.

Kazoo Club: If you want some high-quality musical experience, try the Kazoo Club! Students from all classes can hone their music skills on this small and simple instrument. Junior Ben Koleno leads this club, and music teacher and band leader Jim Reinking moderates. No meetings are scheduled ... just listen for kazooos.

Gardening with Geske AKA the Gardening Club: If you are looking to gain gardening skills, they will meet Tuesdays at lunch in the garden.

Why Marist Retreats Matter *A reflection by junior Ben Morehouse*

I recently went on the Junior Encounter. It was a great time to relax from the stress of school and reflect on my relationship with God. Ultimately, the retreat system and Catholic culture at Marist creates a community that separates us from other schools in the region.

At the Encounter, we were placed into small groups that spent quality time together filled with

good conversation and honesty. We were encouraged to be transparent with the members of our groups, so as to build a trusting environment that is beneficial to everyone in it.

During the encounter, I was also able to spend a lot of time reflecting on my faith and identity. It led to me contemplating how we can better our impact on those around us.

Being raised in a Protestant family, I find Catholicism very

intriguing. We both receive salvation through the death and resurrection of Jesus. However, after we are accepted through Him, we often become lazy in our faith. Something concerning to me in both Protestantism and Catholicism is how laid-back many members of the church have become in their convictions.

I have noticed that there are many believers, myself often

included, that claim to be following Christ, but do not have the actions that back that claim up. This leads non-believers to a dim view of the importance of the Gospel. Many will look at a "Christian" and see that there is not much evidence of a changed life in Christ.

As believers in God, we need to be reflecting his love on those around us. Matthew 5:16 tells us to "let your light shine before

others, so that they may see your good works and give glory to your Father who is in heaven." We are called to take our faith to the world, and spread it to everybody.

As a Christian community, we need to ask ourselves how well are we representing our faith. Are we loving people the way God created us to love? Or are we just living, not fully experiencing and using the gifts God has given us.

Furry Face Finds New Home

New puppy on campus in training to become an Emotional Support Dog



Christi Nicholson's new goldendoodle puppy Marlie joins in on the fun during the Freshman Lock-In. Photo by Toni Cooper

Talon Larson
STAFF

There's a new dog on campus! It's Marlie, a four-month-old goldendoodle puppy who is being trained by Assistant Principal of Student Affairs Christi Nicholson and a professional trainer to be an emotional support dog, otherwise known as an E.S.D., at Marist.

About two months ago, Nicholson traveled to Idaho to meet a breeder from whom she adopted Marlie. A characteristic that attracted Nicholson to Marlie was her calm temperament.

Being a puppy, Nicholson is very surprised at how easy Marlie has been to train. Nicholson wanted to get a dog that would

suit her family of four, as well as have the ability to become a service dog. Nicholson decided to adopt a goldendoodle because they do not shed and are known to have mellow personalities.

Her two children had been begging her to get a dog for sometime. "Marlie has been really good for my daughters," said Nicholson. Her oldest, Camryn, is a freshman here at Marist and her youngest daughter, Ellie, is five.

The entire family is sharing the responsibility for taking care of Marlie. Ellie feeds Marlie and lets her out when needed, while Camryn takes Marlie on walks and does other basic dog care.

Nicholson is excited to learn commands along with Marlie. It will take Marlie one-and-a-half to two years to become a fully trained E.S.D.

To become an E.S.D., Marlie must learn commands, including: sitting after being told through sign language, sitting in a place where Marlie can't see Nicholson, and staying calm with people walking around her.

It takes more than just training to become a service dog. In order to become a certified support dog, the owner of the dog also needs a letter from their healthcare professional. The letter is valid for one year and allows pets to legally live in housing that does not allow pets.

wisdom with
wisely

Q: I really like bananas and chocolate peanut butter, but I recently learned that the chocolate peanut butter is really just chocolate, and it's bad for me- what should I do!?!? I love eating it!
- *xoxovscogirl*

Dear *xoxovscogirl*, the solution to your problem is really simple, just add a scoop of normal peanut butter so you can tell yourself that it actually is chocolate peanut butter!

Q: How tall is Mr. Olszyk?
- *I_like_Italian_Opera*

Dear *I_like_Italian_Opera*, I have no idea how tall he is and I feel like this would be an inappropriate question to ask him after I accused him of having a mini fridge full of ranch dressing. However, I think that he's slightly taller than me and I'm 5'6".

Q: What do I do if I took a survey I thought was anonymous and asked if the maker was single and then found out it wasn't anonymous?
- *Femalemark*

Dear *Femalemark*, there's nothing you can do except take the L. On a brighter side, I thought it was really funny that you did that!

Q: I have to cook dinner for my boyfriend, but I can only make cereal- what do I do?
- *Hungry and soon to be alone*

Dear *Hungry and soon to be alone*, I would just order something from Olive Garden and put it on some fancy plates. If he's hungry enough, he won't know the difference between home cooked and something you ordered in a moment of desperation.

Q: I want to see Joker, but I'm only 16. How do you recommend sneaking in?
- *Movie trespasser*

Dear *Movie trespasser*, This is illegal and I don't condone anything that I'm about to advise you on, but buy a movie ticket to another movie that's going on at the same time and then just sneak into the theater that Joker is playing in.

FEATURING MY PET *The fabulous pets of Marist and their owners!*

L'il Dil – Senior Joey Braud



Q: What kind of animal is your pet?
A: Bearded Dragon
Q: How old is your pet?
A: He is 3-years-old.
Q: What is something cool about your pet?
A: He's been on TV! He was in a live tweet for the women's college world series with my sister commentating on the softball game.

Mona – Senior Makena Kealoha



Q: What kind of animal is your pet?
A: Labradoodle
Q: How old is your pet?
A: She is almost 2-years-old.
Q: What is something cool about your pet?
A: She loves to cuddle!

Quinn – Freshman Ashley Lanning



Q: What kind of animal is your pet?
A: He is a horse.
Q: How old is your pet?
A: He is 15-years-old.
Q: What is something cool about your pet?
A: We do competitive shows together.

Buddy – Sophomore Ellie Williams



Q: What kind of animal is your pet?
A: Maltese
Q: How old is your pet?
A: He is 10-years-old.
Q: What is something cool about your pet?
A: He sings along with the piano whenever I play.

The Anderson Chickens – Freshman Jackson Anderson



Q: What kind of animal is your pet?
A: Chickens of random colors.
Q: How old are your pets?
A: Around 5-years-old.
Q: What is something cool about your pets?
A: They produce different colored eggs that I eat which provide me with protein to stay fit and healthy.

Duke – Junior Jackson Whittaker



Q: What kind of animal is your pet?
A: German Shepherd
Q: How old is your pet?
A: He is a little over a year old.
Q: What is something cool about your pet?
A: The ear that is floppy in the picture won't go up.

Eugene Eyewear

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Senior JJ Anderson answers your burning questions about your love lives!

Dear JJ,
What is the best pickup line?
- *A Curious Customer*

Dear *A Curious Customer*,
I would rather go live as a hermit all alone in the middle of nowhere for the rest of my life than use corny pickup lines. If you still think it's a good idea to use one, go ask the guru of pickup lines, Mark Fitzharris.

Dear JJ,
She has blocked me on

Snapchat, Instagram, Twitter, Facebook and even Schoology. What do I do now? I was going to travel to London and send a written letter through the Royal Mail so it would stand out among all of the other mail. The problem is it's \$763 round trip and there is an eight-hour layover in Barcelona. Yo español está no bueno y after the eight-hour layover is a 12 hour flight where I'd only have 29 inches of leg room. Do you have any

Dear *A Super Duper Senior*,
While I like the idea, I do not think that traveling across the pond is the best idea when it comes getting a girl to notice you. If it were me, I would reboot your Myspace account and slide into her DM's through that. With that being said, I wish you the best of luck on your love-life endeavors.

Dear JJ,
Is talking to three girls on average per day good?
- *McKnickerbocker Goofy Goober III*

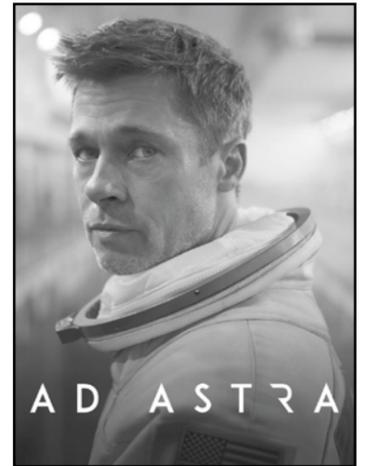
cheaper ideas? I don't want to come off as corny or creepy either, so please keep that in mind.
- *A Super Duper Senior*

Dear *McKnickerbocker Goofy Goober III*,
Personally, I talk to about seven people a day ... total. Of those, two or three are girls. You might want to try to increase the amount of girls you talk to, but to my standards, you're doing just fine. If you want different advice though, contact Isaac Milovich; he's an expert when it comes to being a ladies man.

Dear JJ,
How do I obtain a girlfriend?
- *White Goodman*

Dear *White Goodman*,
Just be yourself and you will find someone who appreciates you for who you truly are. And don't say "obtain."

Brad Pitt Has Daddy Issues



Pitt's new movie Ad Astra one of the weirdest experiences ever

SPOILER WARNING!



Ad Astra, a sci-fi drama directed by James Gray, follows the journey of astronaut Roy McBride (Brad Pitt) as he travels from Earth all the way to Neptune in order to stop his father, NASA hero Clifford McBride (Tommy Lee Jones) who is discovered to be unintentionally sending harmful energy waves that could destroy the known solar system, after NASA and the world believed McBride to be dead. From discovering his father to be alive, to uncovering a secret NASA tried to keep buried, Roy McBride must make the journey to bring his father home and stop him from destroying the solar system.

In terms of movies we've seen, this does not rank very high. We felt that the story line was dragged on for far too long, with too many awkward silences, and plenty of things thrown into the plot that didn't make any sense. For example, Roy McBride and his crew on their flight to Mars from the moon come across a Mayday call from a Norwegian space station. McBride and the captain of the ship, Lawrence Tanner (Donnie Kesawarz) enter the foreign station, where Tanner was attacked by a rabid baboon. Yes, you read that right, a baboon in space. We also felt that the ending was disappointing, and the resolution between Clifford and Roy McBride was not complete.

However, we were impressed with the cinematography in *Ad Astra*. The CGI of the different planets in our solar system was extremely detailed and honestly beautiful. We were also impressed with Brad Pitt's performance of his character's emotions. There were several heart-wrenching scenes in the movie that Pitt made even better.

Our final review of this movie is "4/10 Space Monkeys." Would we recommend it for people who like Brad Pitt? Absolutely. Would we recommend it for teachers who might be reading this? Sure. Would we recommend it for people who will slowly go insane sitting in awkward moments of utter silence and become extremely uncomfortable with an endless voice over? Definitely not.

A Semester Across the World

Three students from Rome, Italy spend the fall with the Marist community



Much separates Rome, Italy and Eugene, Oregon. Founded in millennia obscured by demigods Romus and Remulus, the Eternal City holds 4 million people. Cobble ground spreads beneath old walls.

Founded in 1846 by pioneer Eugene Skinner, Tracktown U.S.A. holds 170,000 people. Trees thrive between each street.

And now, the cities are a little more similar.

The small private school, Istituto San Leone Magno, has sent three senior high schoolers across the world: Sofia Battaglia, well-spoken and friendly. Alberto Panocchi, jokester and philosopher. Aris Dell'Edera, chill and life-loving. The Roman transplants had two options: Australia or Eugene. They chose us.

During Welcome Week, all three kissed the M in the fountain to be "baptized" into Marist. Little did their cheering classmates know, they were already "Marist." The Marist Brothers founded SLM in Rome in 1887. 35 years later, Mussolini came to power in Italy, Oregon outlawed Catholic schools for a time, and history wound on.

At both schools, prayer begins each day and Mass capstones holidays, but the campuses are worlds apart. SLM is built upon brick and asphalt; MCHS rests among fields and trees and a river.

The three of them love the outdoor experiences Eugene has to offer. In Rome, they and their "gang" of friends navigate the city on the weekends, but here they relax in nature.

America has also brought them culinary adventures, and they are impressed with the variety of food options. Here, the Italian students can try American, Mexican, Chinese, and other international cuisine that can only be found in hip metropolises like Milan. They enjoy all the Americanized flavors, except Italian. "It's not real pasta," Alberto said.

New desserts have sparked their taste buds. At the restaurant Shari's, pumpkin pie interested Sofia, while the crunch and cream of banana cream pie electrified Alberto and frozen yogurt assuaged Aris, though nothing compares to their favorite Italian desserts. For Aris, the heavenly *aragosta dolce*, flaky puff pastry filled with creme or nutella. For Sofia, her family recipe for *panpepato umbro*, nuts encased in chocolate. For Alberto, *caprese*, an airy chocolate cake



Seniors Aris Dell'Edera, Sofia Battaglia and Alberto Panocchi. Photo by Amanda Jewett '20

dusted with powdered sugar.

Even school is different in Rome and Eugene. At SLM students stay in the same classroom for the whole day, while the teachers go between rooms. They have a 15 minute break and wait to have lunch until they return home at 3 p.m.

MCHS' unique classes interest them. Here, their freshman theology classes have focused on the Bible and Church tradition; at SLM, their theology classes covered many religions. Here, art classes are hands on rather than over history and theory. Aris savors the choices and creativity of art teacher Erica Gingerich's sculpture class. Mark Chronister's economics class fascinates Sofia. Alberto appreciates his speech and debate class, which pairs teacher Tony Rust's "knowledge given by school" with "wisdom given by experience."

The lifestyle of Eugene, Oregon has become normal to them. But soon, the cities will separate again. Soon, Sofia, Alberto and Aris return to the city of four million, founded by ancient demigods, with cobblestone beneath the old walls.

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The Road to State

Girls soccer scores a shot for the state championship title

JJ Anderson
EDITOR

To sum up the season so far, a person would only need one word: dominance. This year's girls soccer team has shown countless times why they deserve to be in the conversation for one of the best teams in the state.

There is a sense of urgency within the team that returning players think differs from last year's playoff team.

"All of our returning players know how great it feels to get so close to state and how awful it felt to lose the opportunity to bring home a state title for our school," said senior co-captain Georgia Karam.

The simple change of mindset has seemed to make all the difference in the world this year, as the team has outscored their opponents 85-7. Something that might help with their dominance is their sense of competitiveness.

Simply put by senior co-captain Kallie Harding, "We don't like to lose, so we win." While that seems like an easy thing to say, they have backed it up so far while only having one blemish on their schedule.

The collective competitive attitude as a team has been very beneficial towards their accomplishments thus far. Having skills is one thing, but the sense of togetherness between the girls has played a major factor in the success.

"We need to have trust with each other ... it's more of a community feel and your minds need to be connected," said senior co-captain Ella Coulombe.

As it is for most teams vying for a state championship, or any goal for that matter, they need to be able to "click" while they're playing together on the field.

"We can't win a state championship, or any game for that matter, without having a connection to the other ten girls on the field," said Coulombe.

At the beginning of the season, the girls came together and set goals not only for the team, but also for themselves. By sharing their personal goals, they were then able to keep each other in check when they weren't making the right steps to reaching them.

As the playoffs rolled around, the Spartans found



The girls soccer team embraces after an upset at North Valley to put them into the championship game. Photo by Kevin Cave

themselves ranked third in the state with an overall record of 12-1-2.

They brought the hammer down in the first round on the 14th ranked and visiting Ontario Tigers, winning 8-0 in dominating fashion.

In the quarterfinals, the Spartans were pinned against the sixth ranked Indians of Philomath High School. The first half presented a battle for the Spartans as they were tied 0-0 at halftime. The second half was a different story as the Spartans racked up two goals and held firm on the defensive end, eventually winning the game 2-0.

For the semifinals, the No. 3 Spartans traveled to play at No. 2 North Valley. At halftime, the Spartans had the game under control, leading 2-1. In the second half, however, the Knights switched up their formation, forcing the pace of the game to speed up dramatically. Marist held off the final push from North Valley to win the game, 3-1, and advance to the OSAA 4A State Championship game.

The championship game will take place at Liberty High School in Hillsboro against No. 9 Woodburn on Saturday at 3:30 p.m.

A Thrilling End

Spartan volleyball finishes season with a win



Junior Natali Hayes, the team libero, jumps in excitement after winning the final point in the season finale against Cottage Grove. Photo by Whitney Korh '21

Ben Morehouse
STAFF

Not many teams get to go out on a victory, but this year's volleyball team ended their season on Oct. 22 with a big win against Cottage Grove, even if there were no postseason implications on the line.

The team faced tough competition this year and finished the season 4-13. Wins included a league sweep of Elmira, a 3-2 win over Marshfield and the thrilling season finale against 15th ranked Cottage Grove.

Against Cottage Grove, each set was determined by a two-point differential. In a match that truly could have gone either way, the girls pulled together when it mattered and came out with a win.

During closely contested matches, coach Shari Pimental said that she tries to "get the girls to remain calm and give them two or three things to focus on during time outs. It is all about trying to keep them relaxed however balancing that with the enthusiasm and energy."

Not only was the scoreboard dramatic against Cottage Grove, the players were all focused as well. "It was such a fun way to

end the season; it was positive and uplifting, even though we didn't make it to state. We were all very engaged and energetic during the game, on the court and on the bench," junior Ellie Christian said, who was sidelined for the Cottage Grove game with a sprained ankle that she endured at a tournament in Seaside earlier in the season.

"It was our best game of the season because everyone played really well together and no one had a bad night," senior Heidi Knebel said.

One of the most important aspects of a good volleyball team is support. "Even if we lose, which sucks, we're still there for each other," senior Cathy Kalstad said. Kalstad, who suffered a season-ending back injury, was putting up stellar numbers as a high percentage hitter with a powerful cross-court hit.

While the season didn't bring them their desired results, it didn't disrupt the camaraderie within the team. "The volleyball program has been a big family to me ever since I was first on varsity my sophomore year," Knebel added.

For the Love of the Game

Water polo ends season with many unforgettable memories

Nikola Sušec
STAFF

So much makes water polo loveable. Hard, but loveable.

The gameplay affords players 30 seconds to score on a floating goal, without touching the pool floor, and passing with one hand; then the ball switches to the other team.

The game keeps players sprinting for six long minutes per quarter, pivoting, holding off dunking opponents ... now add a ball. During each of the quarter breaks, players cling to the wall, exhausted. "It is not a sport for the light hearted," said sophomore school and club player Britt Dannen.

Who doesn't love an underdog? Having lost every game for two years straight (not counting one forfeit), water polo is Marist's resident underdog.

The hope continues; the players always look forward to the next season.

A team spirit like no other forges friendships. Teammates wear sweatshirts personalized with their nickname given by team captain junior Ben Kolenko; they bookend each practice with hot tub soaks.

After the last loss of the season, they gathered with two other teams for a scrimmage that showed all the best in water polo: the hot tub, the united penguin dive into the cool pool, the chatting parents on the bleachers, coach Corey Solari's hope-filled advice during breaks, and the post-season s'mores cooked over candles in the pool parking lot. And since Marist players were on both sides, Marist finally won.



Senior Jacqueline Potwora and her horse Bentley. Photo courtesy of Jacqueline Potwora

A World Champion Among Us

Nick Stice
STAFF

Traveling across the country and waking up at 4 a.m. has become a norm for Marist senior Jacqueline Potwora, who has dominated horse shows from California to Ohio. This summer, Potwora took home first place and \$700 at the National Snaffle Bit Association World Championship show in Tulsa, Oklahoma, which features the best riders in America.

She won the 14-18 Hunt Seat Equitation division with her horse, Bentley. Both Potwora and her horse were judged on their execution of patterns, their positions, and their ability to maintain harmony with each other. She qualified by placing high in the eight shows that she competed in over the year, and racked up the

required national points with ease.

Hunt Seat is a form of English riding, which is one of the two main categories of riding, along with Western. In Western riding, Potwora competes in both Horsemanship and Reining.

Potwora rides two show horses, Bentley and Ferris, who are trained and prepared just like athletes. "I warm them up like an athlete would before they compete. I make sure they aren't super angsty and high energy, so I usually gallop them around for 20-30 minutes every morning at the shows," said Potwora.

Having raised Ferris since he was a baby, Potwora has created an invaluable relationship. "We both taught each other lots of things about the care that goes into another animal and how to

work with them and train them. I've been working with him ever since he was six months, and I plan on keeping him for the rest of my life," said Potwora.

Potwora has trained with Shannon McCulloch and CJ Fisher, two of the top horse trainers in Oregon. "My trainers are known for producing lots of world champion riders in Hunt Seat Equitation. Most of the other riders in my barn are really good in that class, too," Potwora said.

Although Potwora definitely has the talent, she does not plan to compete in college. "I honestly don't plan on competing in college. I've had a lot of my friends go to UGA for it and they just didn't seem to enjoy it. Plus, I want to enjoy my college experience," said Potwora.

Goal Oriented

Boys soccer ends season in semifinal matchup with Stayton after an outstanding season

Ben Morehouse
STAFF

When asked how he would describe this year's team, boys soccer coach, Chuck Koleno, only needed a few words.

"Strong, focused, and goal oriented."

Koleno has had a great return to Marist after various assistant coach positions in the past. With Koleno's arrival, the team's record improved from 10-4-1 in 2018 to an impressive 14-1-1 this season.

"I've rarely had the opportunity to coach such an incredible group of kids. These boys are amazing. Their attitudes throughout the entire season have been extremely positive, and it's made coaching them an easy thing," Koleno said.

Koleno, a '95 Marist graduate, is honored to be back at Marist and coaching. "There's a little bit of pride in knowing that I get to coach where I used to play ... wherever I've coached, I just love the game of soccer," Koleno said.

Koleno's strategy included preparing his boys for games without too much emphasis on the opposing team. "The goal is not to



Senior Joey Braud pushes the ball up the field in a semifinal loss against the Stayton Eagles on Tuesday. Photo by Toni Cooper

focus on the opponent or what's coming up, but just to become the best team we can possibly be and if we focus on ourselves that's about all we can control," Koleno said.

Senior goalie Sam Bell said that one of the keys to preparing for games is "staying calm and relaxed, and doing what we do best: Just playing and winning."

Overall, boys soccer has had a phenomenal season. After a 1-1 tie against North Valley, they were undefeated during the regular season, earning themselves a league championship and the No. 1 seed in the playoffs. "This year we've emphasized our team chemistry and the 'We Are One' motto," senior midfielder Joey Braud said.

The memory of Cody Waters was a great motivation for boys soccer this season. Waters was a senior transfer in '95 and played

soccer while quickly learning to embrace the Marist culture. On Dec. 6, 1995, he tragically died in his sleep due to unknown causes.

"In the short time he was here, he became a source of energy and inspiration for the program," Koleno said. This inspiration has always been part of the boys soccer program, but it was especially emphasized by Koleno this year, who graduated a year before Waters transferred and returned as an assistant coach the year after Waters' death.

Following a 2-0 first round win against No. 16 Baker/ Powder Valley, the Spartans topped No. 9 La Grande in the quarterfinals in similar fashion, winning 2-0 again.

On Tuesday night the boys lost to No. 5 Stayton 0-1 in the 94th minute of a double overtime game, where Bell had seven saves and Braud dominated the midfield.

Easing the Mind and Finding the Way to Win



The varsity football team raises up their helmets as they conclude their post-game cheer. Photo by JJ Anderson '20

Football earns its way to the state quarterfinals this Friday at North Marion

JJ Anderson
EDITOR

It's crazy what can happen when you relax, take a deep breath and execute the given game plan. This year's team has learned that in order to play well and find success, clearing their minds and learning to play relaxed will lead to their desired outcomes.

The first three weeks were smooth sailing for the Spartans, starting the season 3-0.

In week four, the Spartans played host to the No. 1 team in the state and defending state champion, the Braves of Banks High School. The build-up to the game was big, as both teams were undefeated and ranked in the top five in the state. The Spartans lost 14-19.

The disappointing loss served as a reality check for the Spartans, forcing them to look at themselves and clean up their game. They needed to play their own game and relax.

"Most people can't play

white-knuckled, and we're no exception," head coach Frank Geske said in an interview with OSAA today.

"It was a big game, there was so much outside noise leading up to it... we over-hyped Banks in our heads and made them bigger than what they actually were," senior quarterback Max Campbell said.

Following their loss to Banks, the Spartans have dominated their opponents, outscoring them 266-94. The turn around can be attributed to a change in the team's mindset going into games. Instead of overthinking each opponent, they are now focusing on their own game plan and its execution come game-time.

"We now go into each week with the 'faceless opponent' attitude," Campbell added.

The loss to Banks also had an upside; it affirmed to the team that they are one of the top teams in the state since they almost orchestrated a

comeback, coming up just short in the final minutes.

"Since that game, we haven't played with our eyes wide open, which means we haven't played scared and we believe that we're one of the best teams in the state," junior receiver and defensive back Hagan Stephenson said.

After two commanding victories against league opponents, the Spartans got their chance to prove themselves again with a home game against the then No. 4-ranked, Mazama Vikings.

Like the Banks game, there was a lot of build-up, but this time, the Spartans handled the pressure.

The Spartans came out firing on all cylinders, scoring on their first possession and then recovering two consecutive onside kicks, scoring a touchdown on both possessions. When the Vikings finally got the ball, they coughed it up, giving it right back to the

Spartans which lead to another Marist touchdown. Those four touchdowns were just what the Spartans needed, leading 27-0 after the first quarter, and winning the top 10 matchup, 55-21.

With the resounding win over Mazama, the Spartans re-inserted themselves into the talk of one of the top teams in the state.

Now in the state playoffs, the Spartans have found themselves ranked fifth in the state with a regular season record of 7-1 and in possession of a league title for the first time since 2013.

Last Saturday, they won their first round playoff game in a hard fought, 20-13 win over the visiting No. 12 Seagulls of Seaside High School.

The Spartans will now travel north for a quarterfinal game at the fourth ranked North Marion Huskies this Friday.

The game begins at 7 p.m. and the cost is \$5 for students.

BILLY CHRISTIANSEN Speaks With Spartans



Ryleigh Andersen, 12
Cheer

Q. Your little sister comes to every game dressed up just like you. Do you feel like you are a positive role model for her?

A. "It's really heartwarming to know just how much my sister looks up to me. It was around her age actually, that I began to cheer on a competitive team, so to see her dressed up in a Marist cheer uniform makes me really excited for her future, and to be able to watch her grow. She is definitely the highlight of every football game for me."



Caroline Robinson, 12
Girls Cross Country

Q. What has it been like having your younger sister on the team with you?

A. "I've absolutely loved having my younger sister on the team with me. She's actually faster than me right now, which is kind of hard for me, but I think it's good because she motivates me to be better and work harder. I'm really proud of her for coming out for Cross Country and I think that she's going to do really well at state, and get an awesome opportunity to represent our school. I can't wait to come back and watch her improve over the next three years."



Kellen Cranmer, 9
Boys Cross Country

Q. How has being on a Fall sports team helped you adjust to high school?

A. "Fall sports have helped me make new friends. Going to the summer workouts helped me to get to know the culture of the school and the team."



Matthew Hopkins, 12
Football

Q. What have your injuries through the years taught you about life?

A. "Injuries have taught me to enjoy the little things in life and to never give up. I've learned how to have more grit and how blessed I am for what I have. I know people that go through worse. They have shaped me into who I am."



Tessa Woodrum, 10
Girls Soccer

Q. How have your teammates supported you while you have been the starting goalie?

A. "My teammates have supported me tons! They're all really great but it has been weird to do goalie trainings without Teagan. I miss her but I'm glad she's still going to practice and games. My teammates are all very supportive and the environment has stayed the same even though who's starting has changed. I love all of my girls and I'm glad I get to start for Teagan because she can't."



Angel Jaime-Ruiz, 10
Boys Soccer

Q. What are your interests outside of school and playing soccer?

A. "I like to draw in my free time. I also like to hang out with my friends, mainly at the different sporting events at school. Lastly, I like to listen to music, and I am always open to listening to new songs."



Camryn Sydow, 9
Volleyball

Q. Tell me about how playing a fall sport helped with your transition to high school and making new friends?

A. "Coming from a school other than St. Paul or O'Hara, I didn't know that many people, but playing volleyball helped me make new, long-lasting friendships."



Dillon Jaspers, 11
Water Polo

Q. Tell me about how your first year of water polo has been so far.

A. "Water Polo has been pretty good so far. At the beginning of the season it was tough getting used to exercising again. With all the new things that I had to learn it made it even harder to keep up with the people who played last year. Now that we are about a month into the season I have gotten a pretty good hang on most of the things we need to know how to do. I am enjoying the sport even though we haven't won any games yet."

Students of the Issue

FRESHMEN

KYLER LAJOIE

TYLER HARDING

Who has given you the best advice and what did they say?

"Coach Jill, Don't breathe off the wall."

What is the most useless talent that you have?

"Jump rope and I have no idea why I'm so good at it."

What was your favorite part of the lock-in and why?

"The dance, because the mosh was crazy!"

Do you have a TikTok? If so what is it?

"No, but Jackson

Anderson's TikTok is @hydro.flasksksksksksk."

Who has given you the best advice and what did they say?

"My middle school history teacher. No matter how hard something may be, God has a plan for you and you can push through."

What is the most useless talent that you have?

"Playing the piano."

What was your favorite part of the lock-in and why?

"Free time and music videos because it was fun."

Do you have a TikTok? If so what is it?

"@ty.nikel."



SOPHOMORES

JIMMY MARTIN

CHELSEA RUSTIK

What is your favorite midnight snack?

"Lucky Charms with chocolate milk."

Who is the worst driver you know?

"Emily Martin."

What is your biggest obsession at the moment?

"Breathing."

What is your biggest fear?

"Forgetting to pack my lasagna in my lunch box."

What is your favorite midnight snack?

"Cheez-Its"

Who is the worst driver you know?

"Tessa Woodrum."

What is your biggest obsession at the moment?

"Getting a full 8 hours of sleep."

What is your biggest fear?

"Birds."



JUNIORS

JACKSON WHITTAKER

ISA BYRUM

What is the hardest class you are taking this year and why?

"Chemistry because it's confusing."

What is your favorite song at the moment and why?

"Someone I Used to Know by Zac Brown Band."

What is your astrological sign? Does it fit you?

"Libra, yes I am loyal."

What would you do first if you were the President of the United States?

"Buy an unlimited supply of Reese's or make a peanut butter room in the White House."

What is the hard class you are taking this year and why?

"AP Lang and Comp because there is a lot of writing."

What is your favorite song at the moment and why?

"Crash into Me by Dave Matthews because it's really nostalgic."

What is your astrological sign? Does it fit you?

"Aquarius, yes."

What would you do first if you were the President of the United States?

"I'm not gonna be president."



SENIORS

ANDREW BRAUN

ANNABEL SWANGARD

What phrase do you use too often?

"Horace Grant, holla!"

What is your favorite memory from freshman year?

"Not being here."

What is at the top of your bucket list?

"Living past 40."

Who are three people in school who make you smile?

"Amanda, Kenny, and Amanda again."

What phrase do you use too often?

"What on Earth?"

What is your favorite memory from freshman year?

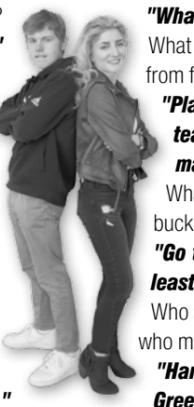
"Playing on the tennis team and winning my first match."

What is at the top of your bucket list?

"Go to the Oscars at least once."

Who are three people in school who make you smile?

"Hannah Welch, Kennedy Green, and Georgia Seidman."



Name That Teacher

DO YOU REALLY KNOW THE MARIST STAFF?

Across:

4. Only staff to have a tattooed wedding ring.

7. Only previous Marist graduate in the office.

9. Was in Season 8, Episode 1 of *Portlandia*.

10. Honest to a tee, he gave up first place in spelling bee because he alerted judges that the other kid actually spelled the word correctly.

11. Had a dog on campus for three years.

13. Completed a full iron-man triathlon at age 51.

14. Is expecting a fourth son.

15. Is licensed to practice law.

16. Skipped all of her first semester her junior year at North.

17. First team all-state running back in high school football.

18. Has 2 degrees in religion but does not teach it.

Down:

1. Plays the handbells

2. Been in all but one state in every European country.

3. Is a Harry Potter fanatic.

5. Almost died in Virginia from heatstroke.

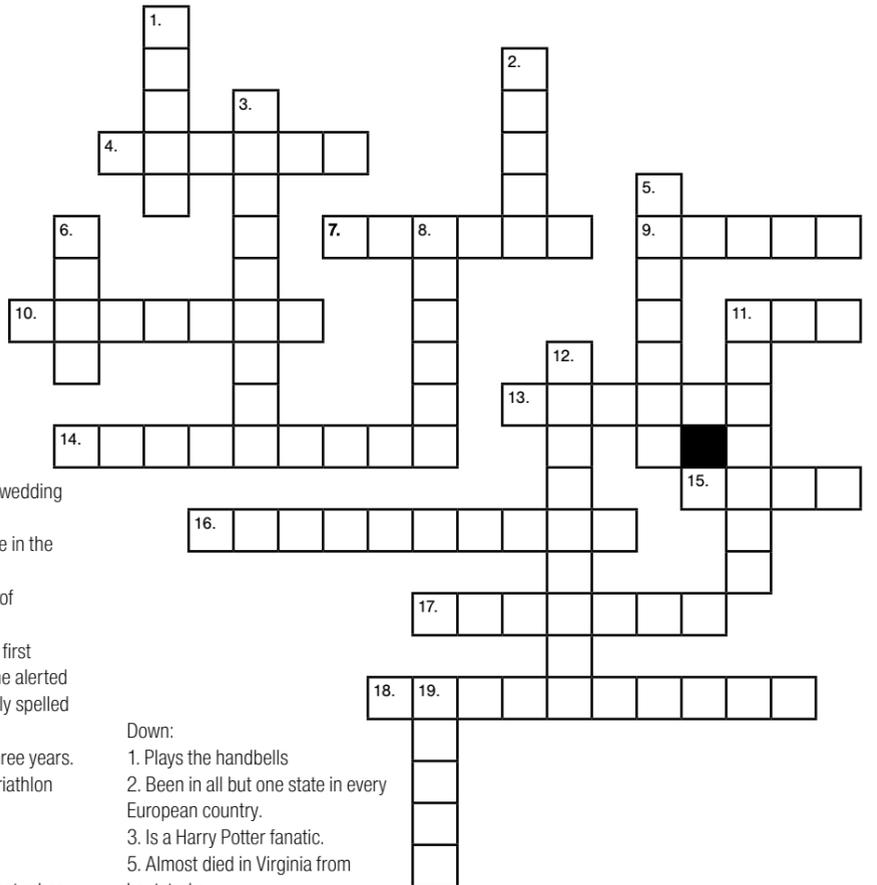
6. Drives 45 minutes to school everyday.

8. Coached a sport for 27 years at Marist.

11. Kayaked through the Grand Canyon.

12. Was a national champion of saddle-seat riding.

19. Competed in national level figure skating from 1958-1968.



Letters to the Editors

Dear Lizzie,
Can I live off just coffee? Or Dutch Bros Rebels? Or both? Or, even better, Bangs?
From,
A Sleep Deprived Student

Dear A Sleep Deprived Student,
Honestly, I live off of caffeine at this point. I have to have some form of caffeine every day to avoid falling asleep in classes. It's definitely not the healthiest option, and the other editors are constantly worried about my health because I don't sleep, but at least I can kind of function!
Sincerely,
Lizzie

Dear Ella,
So, there's this girl in my newspaper class who won't stop bothering me. Not just bothering me, but fighting me. Some days she'll just pin me to the ground to assert dominance. Recently she's been choking me until I tap out. We've been friends for years, so how do I confront her about this in a way that won't ruin our friendship? Also, do you have any fighting tips??
From,
Definitely Not Amanda

Dear Definitely Not Amanda,
Okay, so it sounds like you are an easy target for her. You need to get stronger and maybe the reason she fights you is because you bother her. Look from her perspective — maybe you are the problem. You should go to <https://howtofightnow.com/the-basics->

beginner-fighting-techniques/ for more tips but my favorite move is going from your opponent's side, grabbing them around the neck and sweeping their knees out from below them, throwing them to the ground and pinning them.
The success rate is extremely high.
Sincerely,
Ella

Dear JJ,
I have a problem. I cannot stop saying "sicko mode." Anytime something is good, instead of saying "that's good" or "awesome" I say "sicko mode." My boyfriend and friends hate me for it, but I cannot break the habit. What should I do?
From,
Special Someone

Dear Special Someone,
I'm going to go out on a limb and assume that this is Amanda. In that case, can you pretty please stop constantly repeating the phrase "sicko mode." And for the record, I don't hate you for it, I just simply hate the overused phrase ... "sicko mode."
Sincerely,
JJ

Dear Amanda,
If you could switch lives with one Marist staff member who, and why?
From, A Curious Marist Student

Dear Curious Marist Student,
I would switch lives with Stacey

Baker. That way, I can be in charge of Marist. I could wear leggings everyday and finally dye my hair pink without someone telling me I can't!
Sincerely,
Amanda

Dear JJ,
How do you manage to be so humble while being so successful at the same time?
From,
An Admirer

Dear An Admirer,
While I don't have many overwhelming life achievements yet, I suppose there isn't much to brag about. Something that I like to hang my hat on however is that I was voted most likely to be an Olympian for my three years of middle school. At the given moment, I don't think it's going to pan out.
Sincerely,
JJ

Dear Ella,
How many naps do I need to take per week to be happy?
From, I'm Tired

Dear I'm Tired,
I take a nap almost every day. Naps can be very beneficial to your health if you take them correctly. On the note of being happy ... I will let you figure that one out.
Sincerely,
Ella