

## Sports **UPDATES**

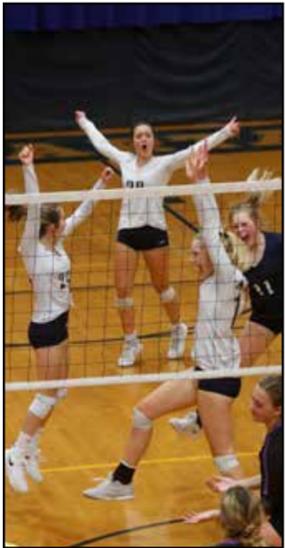
**Boys Cross Country**  
**9/26** - Varsity finished 10th @ the Springfield Invitational

**Football**  
**9/27** - Varsity vs Elmira: W53-19  
**9/30** - JV @ Elmira: W45-12

**Girls Soccer**  
**9/28** - JV @ Thurston: L2-5  
**10/1** - Varsity vs Marshfield: W8-0, JV @ Willamette: W2-1

**Boys Soccer**  
**9/26** - Varsity vs McLoughlin: W5-0, JV vs Siuslaw: L1-2  
**9/30** - Varsity @ Marshfield: W2-1, JV @ Marshfield: T2-2

**Volleyball**  
**9/26** - Varsity @ Junction City: L0-3, JV @ Junction City: L0-2, JV2 @ Junction City: L0-3  
**10/1** - Varsity vs Marshfield: W3-2, JV vs Marshfield: L0-2, JV2 vs Marshfield: W2-0



Varsity girls volleyball leaps in the air in celebration after gaining a point during their home game against Marshfield on Tuesday night. Photo by Amanda Jewett '20

## LOCKED IN AND READY FOR FUN



Freshmen and senior leaders gather in the gym for games at the start of the Lock-In last Saturday night. Photo by Tori Letourneau '21

### Class of 2023 experiences their first taste of "We Are One"

By Lizzie Wisely '20

Another year, another freshman Lock-In, and another class ready to start their four year journey in the Marist community. Starting at 8 p.m. last Saturday night, the class of 2023 spent the night doing fun activities with their fellow classmates, as well as in small groups led by the seniors in Dr. Martin's Christian Leadership Class.

"The small groups were my favorite part," said freshman Henry Gonyea. "I didn't know what was going to happen, but I had good expectations, and it lived up to the hype."

The all-nighter, ran by theology teacher Chad DePaoli, resonated deeply with some of the freshmen, their enthusiasm and their energy levels high throughout the long night. Freshman Avery Carlin said "I knew I would get closer to my friends tonight, but I also learned to not be afraid to have fun, and not worry about it."

Senior leaders were impressed with how quickly the 91 freshmen in attendance were able to warm up to each other. "Even in their small groups, it happened very quickly, and

they let their guard down," said senior Joey Braud. During the Mass, the freshmen joined their senior leaders in screaming along to fun songs such as "Peace Like A River" and "O Magnify the Lord" making for a fun bonding experience.

By the end of the night, senior leaders were satisfied with their efforts in helping the class of 2023 come together. "I hope they realize that their time at Marist can be very special," senior Joey Braud said. "It goes by fast. I recommend they try to take advantage of it."

## TOP RANKED SPARTANS UNDEFEATED

### Varsity girls soccer team fighting their way towards state

By JJ Anderson

Finishing last season with a semifinal loss to the eventual state champions, Hidden Valley, the girls soccer team had one thing on their minds; redemption. That loss hurt, but it gave this year's No.1 ranked team in the state extra motivation for a title run this fall.

"We set goals and we hold each other accountable more than ever," said senior co-captain Georgia Karam.

After losing seven seniors, most

of them impactful players, from last year's team, the Spartans looked to rebuild. Rebuild they have, outscoring all opponents this season by a combined score of 30-4; dominating the playing field. The preseason competition wasn't soft either. They tied the No.4 team in 5A, beat two of the top 4 teams in 4A and tied the No.2 team in 3A.

A big part of this year's success is in part due to the camaraderie within the team. "Each one of us is each

other's biggest fan and I think that's what sets us apart from the other teams," said Karam. Karam went on to say that they want to win the state championship more for each other than for themselves as individuals.

Simply put, this team has one common motivation. "We don't like to lose, so we win," said senior co-captain Kallie Harding.

Their next game is at 26th ranked Elmira tomorrow at 5:30.



Senior and co-captain Georgia Karam focuses intently on the soccer ball during the varsity game against Marshfield. Photo by Amanda Jewett '20

## NEW SCHEDULE CREATES WORK TIME FOR STAFF

### Staff uses early release Fridays for their benefit through P.A.C.T.

By Ben Morehouse '21

After the early release on Friday, staff gathered in the arc for the first Professional and Collaboration Time (P.A.C.T.) to discuss and work on the accreditation process.

"P.A.C.T. is this idea of professional and collaboration time where we build time into the contracted week where they [teachers] can do things like professional development, school improvement, department meetings, working together and collaborating together to come up with curriculum."

Said assistant principal of academic affairs Andrew Oldham. Throughout the year, six of the designated P.A.C.T. times will be used for staff faith formation.

The hope for P.A.C.T. is that it will be a time of work between and outside of departments to help improve curriculum and discipline work. Fortunately for students, it also provides early releases on most Fridays.

Marist is nearing the close of an accreditation process created by the Western Catholic School Association that will

last six years.

Last year Marist gathered and analyzed data through many surveys completed by the students, staff, parents and board members. These surveys were to identify and analyze the school's strengths and which key areas are in need of growth.

On Friday, staff reviewed the areas that are in need of growth identified by staff at the end of last year and began to determine which of them are the most in need of growth.

## AP PSYCHOLOGY RETURNS TO MARIST

### In their first lesson of the year, AP Psychology students study the brain

By Nikola Susec '20

After a year's absence, AP Psychology is back thanks to student demand and 29 students are taking advantage of that.

The students have started the year learning scientific research methods and the biological processes behind human behavior, like the nervous and endocrine systems.

Teacher Karen Zeller prefers teaching through hands-on projects. The class constructed pipe-cleaner neurons last week and are now working on brain models. "Whatever

[physical activities] you can take out of the textbook and put into the real world forge itself into the memory," Zeller explains.

In AP Psychology, Zeller feels that students learn how to learn, which will aid in college and other classes. They need no prior knowledge to take the course, which addresses what Zeller calls a "core issue of adolescence: In adolescence, a lot of us are trying to figure out who we are," says Zeller.

Zeller is attaining a PhD in an educational research

methods program and will begin her dissertation, which will involve the patterns between how Advanced Placement classes assess college readiness. Her current courses are the philosophy of social science, public law, and quantitative research methods.

Despite initially considering her job at Marist a "trial run," Zeller has decided to stay in the community. "I feel like [Marist is] a good place to be, and I feel good about extending that welcome to students."



Senior Amanda Jewett constructs a pipe cleaner model of a neuron. Photo by Tori Letourneau '21