

Sports UPDATES

Girls Basketball

12/20 - Varsity vs. Phoenix: W50-45
 12/21 - Varsity vs. Springfield: W35-31
 1/3 - Varsity @ Pleasant Hill: L32-42
 1/7 - Varsity vs. Cascade: W36-33

Boys Basketball

12/20 - Varsity vs. South Albany: L49-57, JV: W
 12/21 - Varsity vs. Lebanon: W64-48, JV: W, Freshmen vs. Churchill: W, Freshmen vs. North Eugene: W
 12/27 - Varsity vs. Mazama: W51-39
 12/28 - Varsity vs. Henley: W41-37
 12/29 - Varsity vs. Banks: L41-56
 1/3 - Varsity @ Seaside: W63-54, JV: L, Freshmen: W
 1/7 - Varsity vs. Cascade: W42-39, JV: W, Freshmen: W
 1/9 - JV vs. South Eugene: W, Freshmen: W

Girls Swim

12/20 - Varsity finished 2nd vs Junction City and Hood River Valley. Senior Lauren Barry: 2nd 100yd butterfly and 1st 100yd breaststroke. Senior Aubrie Ellison: 500yd 1st freestyle and 1st 100yd breaststroke. Senior Lily Fitzharris: 1st 200yd freestyle and 3rd 100yd butterfly. Senior Katie Thompson: 3rd 50yd freestyle and 2nd 100yd freestyle. 200yd medley relay: 1st. 200yd freestyle relay: 1st. 400yd freestyle: 2nd.
 1/4 - Senior Lauren Barry: 2nd 200yd freestyle. Senior Aubrie Ellison: 2nd 100yd butterfly. 200yd freestyle relay: 3rd. 400yd freestyle relay: 3rd.

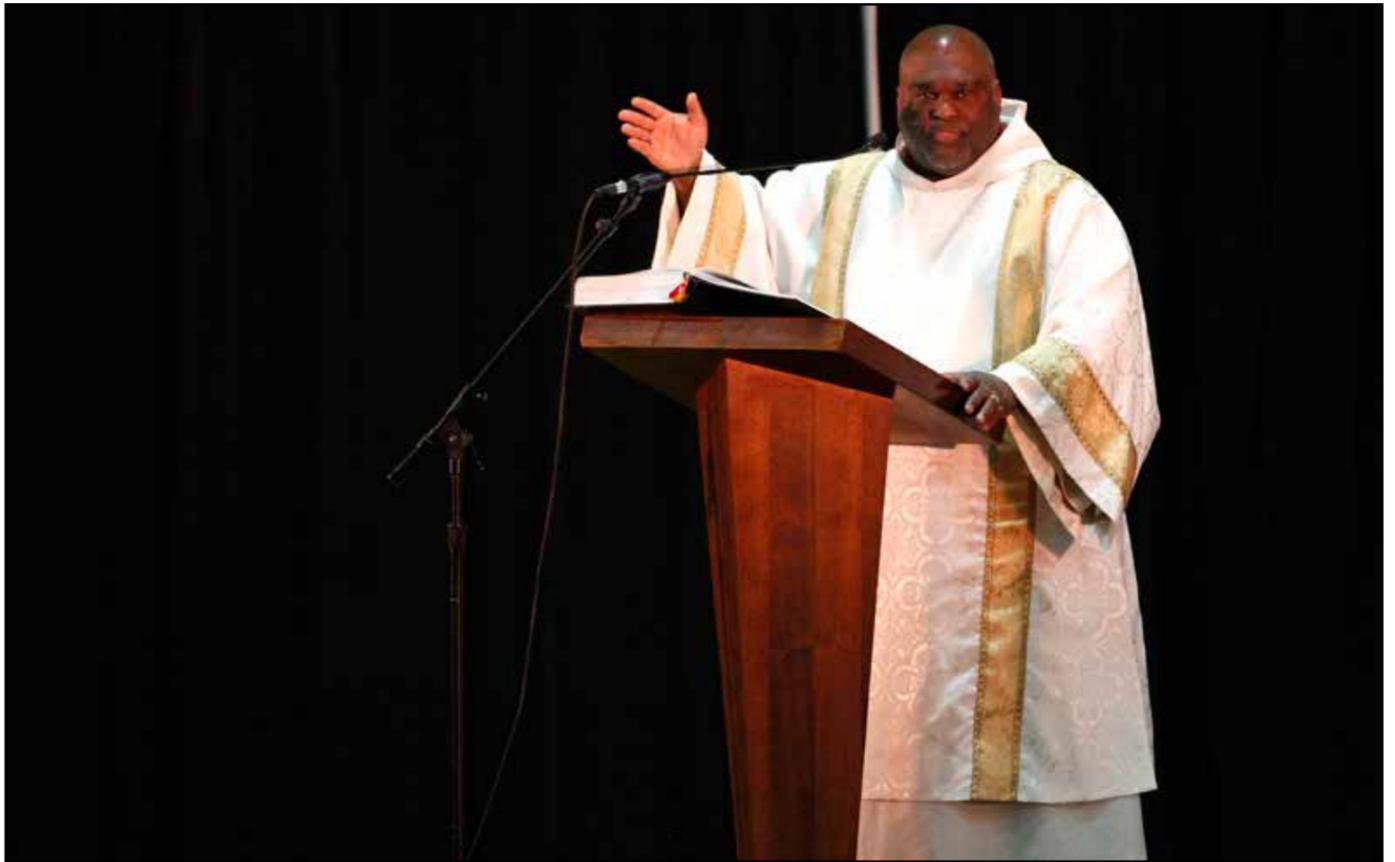
Boys Swim

12/20 - Varsity finished 2nd vs Junction City and Hood River Valley. Freshman Jackson Anderson: 2nd 200yd freestyle and 1st 500yd freestyle. Sophomore Trent McQuaid: 2nd 200yd IM and 2nd 100yd freestyle. Senior Wiley Watts: 3rd 50yd freestyle and 3rd 100yd backstroke. 200yd medley relay: 2nd. 400yd freestyle relay: 1st.
 1/4 - Freshman Jackson Anderson: 1st 500yd freestyle. 200yd medley relay: 3rd. 400yd freestyle relay: 3rd.

Gymnastics

1/4 - Gymnastics Northwest members, Junior Tori Letourneau won the all-around competition and placed first on vault, bars and beam. Letourneau also finished sixth on floor. Junior Britten Johnson finished second all-around along with first in floor, seventh on vault, fourth on bars and second on beam.

CELEBRATING THE FEAST OF EPIPHANY



Deacon Harold Burke-Sivers gives a passionate sermon to the Marist community. Photo by Tomi Cooper

Guest Deacon Harold Burke-Sivers speaks directly to the heart of teens

By Lizzie Wisely '20

This Wednesday, Marist gathered for Mass to celebrate the feast of Epiphany. The feast of Epiphany is celebrated every Jan. 6 to celebrate the revelation and recognition of Jesus Christ as the Messiah as shown by the visiting of Jesus by the Magi.

Welcoming students back to campus after winter break, Proclaim opened Mass with Christmas carols such as "The First Noel" and "O Come All Ye Faithful."

The homily was given by special guest

Deacon Harold Burke-Sivers, who spoke about his experience growing up in a troubled home, how he had to learn to believe in himself and God's love of a person's heart.

His homily moved the crowd, and it felt like a reality check for some. "I felt inspired and motivated to do something good, especially when he said 'you have no excuse to not be great,'" senior Aubrie Ellison said. The deacon expressed to those in the crowd that they should not sell themselves short, and

that they are capable of doing great things in their lives if they believe in themselves.

Following the homily, freshman Reeve Helvoigt and Deacon Burke-Sivers shared the Prayers of the Faithful, before Proclaim sang "Here I am to Worship" and "Here With Us" during Communion.

The Mass ended with the final blessing from Deacon Burke-Sivers, and closed with the song "Joy to the World" that those in attendance gleefully sang.

FOX MOVES ON TO STATE IN COMPETITION

History teacher advances to top round after winning Veterans of Foreign Wars award



Senior Lauren Englet and history teacher Walt Fox accepting their awards with Marist President Suzanne Graf. Photo courtesy of Suzanne Graf

By Amanda Jewett '20

Before Christmas Break, Marist history teacher Walt Fox learned he had won not just the local but also the district High School Teachers Award from the Veterans of Foreign Wars Eugene Post 293. According to the Marist President Suzanne Graf, the VFW annually recognizes the nation's best elementary, junior high, and high school teachers who teach citizenship education topics regularly and promote America's history and traditions effectively. He now moves on to a state competition.

The VFW also holds an annual essay writing contest labeled "Voice

of Democracy." This year's topic was "What Makes America Great." Senior Lauren Englet placed first in the essay contest at the local post 293 and continued to place second at districts.

Senior Niko Susec placed first in the local post 9448 with his paper titled "The Anthem of a Neighbor." His essay highlighted the point that what makes America great is when its citizens use their different beliefs to care for their country. Englet and Susec also received a monetary prize as well.

Jerry Rosa, local VFW supporter, prompted the Marist administration to nominate staff and students to

participate in the contest. "Jerry was pestering me to do it, so I did it and enjoyed it." Susec said.



Senior Nikola Susec accepts his award winning the local level. Photo courtesy of Heidi Susec

CROWELL'S CHRISTMAS TOUR

Senior Jack Crowell and his dad visit the land where Jesus walked

By Nick Stice '20

While most Marist students were enjoying their Christmas break relaxing at home, senior Jack Crowell was traveling in the Middle East. He visited Israel, Tel Aviv, Tiberias, the Sea of Galilee, Jerusalem, the Dead Sea, Petra and Amman, the capital of Jordan.

"My favorite spot was either Jerusalem or Petra. Jerusalem is the religious hotspot of the world, and to go to spots that I've learned about since I was in elementary school was very cool. Petra was also amazing because of the fact that these ancient people carved a beautiful city into the mountains," Crowell said.

Crowell returned home seeing firsthand how western civilization can learn from Jerusalem's example. "The trip just reinforced my belief that the three monotheistic religions should be able to come together and focus on their similarities, which are great, and not their minor differences. They share a lot in common, but choose to pick out



Senior Jack Crowell poses in front of the Dome of the Rock. Photo courtesy of David Crowell

the small things. In Jerusalem these three religions seemed to coexist well, and I wish that could happen throughout the world," Crowell said.

JOYFUL SERVICE



Marist students help St. Paul parish pass out food collected by St. Vincent De Paul to help families in need