

TWO TRUTHS AND A LIE: QUARANTINE EDITION

Can you guess which one is the lie?

Henry Pape 09



A) I am watching a Netflix show for the third time just in quarantine
B) I have not left my house this whole quarantine
C) I sat on my brother's \$50 ping pong paddle and broke it

Rachel McConaghie 09



A) I love online learning
B) I've dyed my hair
C) I've watched every single marvel movie

Jack Thornton 11



A) My family has run out of toilet paper
B) I went to Safeway the other day wearing a mask and gloves
C) I spent, in total, over 20 hours playing Minecraft over spring break

Laina Chavez 11



A) I've baked a lot
B) I learned how to play guitar
C) I learned how to drive a stick shift

STAYING CONNECTED THIS EASTER SEASON



Student views an image of Jesus zooming with his apostles.

Churches get creative to keep members connected

By Billy Christiansen '20

Due to the outbreak of the COVID-19 virus, everybody has had to take certain measures in order to distance themselves from each other. Although Masses cannot be held in person right now, churches around the world are getting creative on how to still celebrate the Eucharist together.

To help communities stay connected, many parishes around the world have been either taping or live-streaming Mass. My family and I have been joining Mass online with St. John the Baptist parish in Milwaukie, Oregon. Every Sunday at 10 a.m. for the past three weeks we have joined their pastor, Fr. John Marshall, who my family and I have known since I was in middle school. He has preached in his homilies that we are all together during this time of

struggle, and that God will allow us to emerge victorious.

Besides not being able to receive Communion, it has felt like a normal Mass. There have been readings, homilies, and most importantly, music. Participating in Mass during this time can make us feel like we still have a routine in life. It also allows us to stay connected to our communities -- something everyone needs during this time of isolation. Even though some people might be alone physically, we can still connect.

As we find ourselves at the holiest time of the year in our Catholic faith, you may be still looking for ways to join in the Easter Triduum with others near and far. For those of you that aren't familiar with the Triduum, it begins on Holy Thursday and ends on the evening of

Easter Sunday and commemorates the crucifixion, death, and resurrection of Jesus. Since not all parishes are offering live-streaming, you may want to try something different like joining the Holy Father for Easter Mass. The Vatican will be live-streaming all Masses and Vigils and also archiving them if the time difference means you are unavailable.

Here in town, many parishes are live-streaming their Easter celebrations. Visit their websites for times and access information.

At Marist, this week's Holy Week observance, staff and students were invited to participate in the Stations of the Cross and staff will be done with work early on Holy Thursday and no one will be working on Good Friday. The fourth quarter begins on Monday remotely.

SENIORS COMPLETE TRIP JUST IN TIME

The Fitzharrises travel to Guatemala for a medical mission trip

By Lauren Barry '20

Would you jump on a plane to voyage to a foreign speaking country and be a medical translator? Just a few weeks ago, our very own senior Lily Fitzharris found herself in this exact situation on her way to Guatemala ... for the second year in a row. Fitzharris says that her love for these trips started after she discovered that she "felt like I had a purpose when she went to Mexico," on a service trip over her sophomore summer. Coming back to Eugene, she wanted to keep this purpose alive, and found this trip to Guatemala, where she was able to serve alongside her dad, brother also a Marist senior Mark Fitzharris, and a team of people wanting the same thing—to help other people.

After dropping her phone in the third deepest lake in the world, Lake Atitlán, it's safe to say that a piece of Fitzharris will always be in Guatemala. Although her phone is still somewhere at the bottom of that lake, her heart is with the people. "Every single Guatemalan person I met was incredibly interesting because they all live such different lives from me, but there are still things that we can relate on, and it's really cool to get a different perspective," Fitzharris said.

Imagine speaking an entirely different language, learning new vocabulary, conjugating verbs in your head as you speak. Fitzharris worked as a translator for the medical unit that the team set up, and found that speaking Spanish became easier as she loosened up. "When some people who lived in the village started making jokes with me, it made me more com-

fortable with what I was doing." She found that one of her favorite words to say was "antiparasitante," which means "deworming." "Everyone who came in to see the team would receive one of these pills because their water was not clean, so basically everyone has parasites in their stomach, so we would hand out these pills that killed the parasites," Fitzharris said.

If her vocabulary was restricted to only emoji usage, Fitzharris said that the one emoji that could describe her feelings towards this place would be the orange sweaty face emoji because the entire trip was overwhelming in the best way possible, and hot. When she thinks of Guatemala, Fitzharris says that the emotion that comes to mind is "happiness from feeling like I am making a difference in peoples' lives."

Fitzharris returned to Marist just one day before COVID-19 transitioned us to remote learning. "I wish I was stuck in Guatemala," Fitzharris said. She's not the only one who is sad to have to return home. The Peace Corps recently announced an immediate evacuation, calling almost all volunteers to return home. The number of people returning home totals up to over 7,300, resulting in a massive loss in human aid around the world.

So what can we do? Focus on community. Find a charity that you can donate to, where your money goes directly to help those in need. Connect with the people in your neighborhood. Deliver groceries to your grandparents.

Look for hope, it's right at your fingertips.



Senior Lily Fitzharris travels with the Cascade Branch of HELPS International to Guatemala in early March. Photos courtesy of Lily Fitzharris '20

ESSENTIAL STUDENT WORKERS

Students serve community by working through the pandemic

By JJ Anderson '20

Throughout the last month or so, I'm sure you've been reading about what workers are considered, "essential." During this time, every employee would like to deem themselves "essential." According to the Essential Services Act of 2013, it is "someone that performs work involving the safety of human life and the protection of property."

Even amongst our Marist student body, we have had some students deemed "essential" during these trying times.

Junior Jackson Whittaker—whose grandfather started Market of Choice in 1979—has started working at the Market of Choice on Willakenzie Rd. Whittaker is very well aware of the risk that he is taking by being in

a public setting day in and day out.

"I go into work and know that I am at risk but people still need to be able to shop and I know that if I stay safe and follow the rules set, I will stay healthy," says Whittaker.

Local Market of Choice stores have reacted for the better by temporarily giving \$2 raises an hour to their employees as a sign of gratitude for their efforts. Along with that, they are also offering "Senior Shopping Hour" from 7 am to 8 am on Tuesdays and Fridays to allow the elderly to collect their necessities before the store is bombarded later on.

Whittaker isn't the only Marist student that is braving the elements as an essential worker however.

At the Market of Choice on 29th and Willamette across town, senior Hayden Loboy is also providing service to the community. Like Whittaker, Loboy is also aware of the health risks of working.

Loboy also recognizes the role that not only himself, but all workers play in keeping communities afloat during the pandemic. "Grocery stores need employees, and someone will need to put themselves at risk to feed people," Loboy said.

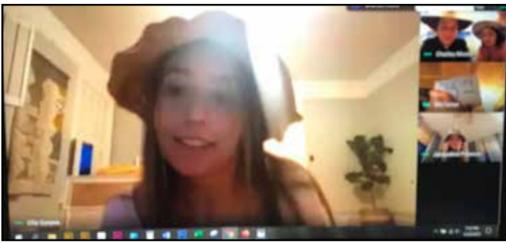
"It's hard at first to accept the risk, but I like working and the reward outweighs the risk. The uncertainty right now is the hardest part. I don't know how much of a risk I'm really taking," Loboy went on to say.



Senior Hayden Loboy stocks the shelves at Market of Choice. Photo courtesy of Hayden Loboy '20

MR. AND MS. SPARTAN PUT ON PAUSE

The unknown future of the pageant and a game night keep the team thinking



The Mr. and Ms. Spartan team hosts a trivia game night. Photo by Toni Cooper

By Ella Coulombe '20

The Mr. and Ms. Spartan Pageant was originally scheduled for this past Saturday. Unfortunately, the pageant did not occur. With the fast spreading of COVID-19 and the closing down of the school, the question of how the team will continue with the annual tradition is up in the air.

The students are still trying to sort out a plan, but as of now, it is on hold. Director of the pageant Bill Ferrari said, "we are hopeful that there will be some sort of Mr. and Ms. Spartan event, but until we have a better understanding of what the future may look like, no decisions are being made

right now."

Even with the uncertainties of the pageant, the team was able to have a fun trivia night via Google Meet. This was so the team and some staff could come together for some bonding time, while Ferrari tested out Google Meet for his future classes.

One Ms. Spartan, Sally Moore, said "it was kind of funny seeing all the teachers in their houses, I think it was a good way to introduce the remote learning for us, also seeing people's faces was good." The team is still trying to brainstorm new ideas and keep connected during these unprecedented times.

GETTING SWOLE WITH SENIOR NICK STICE

Senior Nick Stice puts together an accessible workout for students in quarantine

By Nick Stice '20

We have all put on a few lbs during social isolation and it's time to get out of the kitchen and into shape with this quick 9-exercise workout. It will only take 20 minutes of your day and will leave you feeling accomplished. Now lose that stubborn belly fat and achieve your dream body today!

Before you get started, I advise to take a brisk five minute jog around your neighborhood to get warmed up. After that you start the workout which consists of three separate sets of varying exercises. First up is 10 reps of split-jumping lunges



1. Dips 2. Suitcases 3. Left side plank 4. Right side plank 5. Regular plank 6. Wide-grip push-up 7. Split-jump lunge 8. Plyo squat 9. Close-grip push-up. Photos by Nick Stice '20

followed by eight reps of plyo squats and dips. For the dips you can use a coach or a chair. Then we get into the push-ups. You start with 15 reps of close-grip push-ups and then wide-grip push-ups. Following the planks

are planks with your elbows on the ground and then two more planks, one on each individual arm. Each plank is for 45 seconds To wrap things up, you do 8 reps of suitcases, which is another ab workout.

2020 VISION: NO ONE SAW THIS COMING

Yearbook staff pushes through pandemic to complete book as scheduled for Marist students



The 2019-2020 Yearbook editors work on the yearbook together over a Zoom call. Photo by Toni Cooper

By Amanda Jewett '20

The yearbook team is still working hard on preparing the yearbook for release in these upcoming months.

Editors Dempsey O'Leary, Sailor O'Harty, Meeth Valstad, and Nador Witschger meet via zoom every week day to plan and edit the pages. The rest of the team are building their pages from home.

The team has shifted their focus to working on transforming their book to represent the changing times of the school year. They have dropped 16 pag-

es and have started fresh pages about students during quarantine and predictions of what might have happened if Marist had continued school, such as possible ideas like who would have won the Mr. and Ms. Spartan pageant, and who would've been the MVP of their spring sport. They have also started a whole page dedicated to the photos collected by Andy Oldham's instagram account (@goodgloriousmorning).

The editors continue to stay hopeful in the time of quarantine as Kalstad says

she is "taking everyday with a grain of salt... or sugar." They are focusing on staying on track with their plans and trying not to focus on the bad parts of missing school, but rather focusing on making one of the most unique yearbooks of any year yet.

The 2019-2020 Yearbooks are on sale until the end of April. Go to maristshs.org to order yours now. You can email Toni Cooper at tcooper@maristshs.org with any questions or to check if you have already purchased one.